



# 2025-26 CLUB DIRECTOR'S INFORMATION

All Club Director information can be found at [www.iowavbregion.org/club-directors](http://www.iowavbregion.org/club-directors)



# Announcements

- ▶ Membership Registration for the new season begins September 1<sup>st</sup>.
- ▶ All USA members who are coaches will have access to the Bronze level of the Coaching Education Courses. As an IOWA REGION BENEFIT all of the Region coaches will have access to the Silver level. The coach needs to contact the region office for their discount code.
- ▶ All USA Volleyball members have access to the NTDP (National Training Development Program) materials in the USAV Academy.
- ▶ REMINDER - JUNIOR AGE ASSISTANT COACHES. THE HEAD COACH MUST BE PRESENT AT ALL PRACTICES AND TOURNAMENTS.
- ▶ 18 Year Olds in High School can be Head Coaches for teams 14U and Younger. However, a certified adult must be in attendance and on the roster at ALL TEAM EVENTS including but not limited to Meetings, Practices and Matches.
- ▶ Teams 15U and younger may take the ref and score modules together. The coach should take the certification online before the team takes it together. Once this is done the coach needs to email a team list to [al@iavbreg.org](mailto:al@iavbreg.org).
- ▶ Clubs may hire a qualified clinician to give a ref and score clinic to your club. The clinician must be approved by the region, and it will be the club's responsibility to pay the clinician. All members who attend the clinic will receive credit. You may arrange a clinician through Al Cleary at [al@iavbreg.org](mailto:al@iavbreg.org).
- ▶ All referee/scorer certifications have expired, members must take the new modules to be certified. The modules will be available later this fall.



# PERFECTION

It doesn't get better than perfect. The Perfection Leather Volleyball is our top-of-the-line volleyball. Designed from the inside out with the athlete in mind, we've refined every detail to create a ball worthy of being the Official Court Volleyball of the AVCA.



## HAND-PICKED LEATHER

Top-grade, full-grain leather creates a more durable cover while our innovative leather tanning process softens the leather to reduce sting.

## REINFORCED STRENGTH

We use the lightest bladder possible, providing optimum weight and performance with a blended cotton wrap ensuring maximum shape retention.

## CONSISTENT FEEL

Hit any part of the Perfection and you're guaranteed the same, soft feel every time. By minimizing and softening the valve system, it's completely undetectable during play.



# Activating & Forming Clubs

PRE-SEASON INFORMATION

GENERAL CLUB INFORMATION

# Club Director Membership Requirements

The Club Director must be currently eligible before the Club is activated in the membership system and their information is posted on the region website.

1. Current Adult Junior Club Staff Membership (\$60)
2. Cleared USAV Background Screening (\$14)
3. All Waivers Signed
4. Current USOC SafeSport training completed
5. Current IMPACT certification

# Step One - When to Activate

Clubs need to fill out the activation form each year for the club to be a sanctioned USAV club.

**Questions:** Contact Carol Anderson at [carol@iavbreg.org](mailto:carol@iavbreg.org) or 515-727-1860

**New Clubs** should activate as soon as possible after forming.

**Any out of region club** wishing to become an Iowa club must receive permission from their Regional Commissioner.

# Step Two – Complete Club Activation Form



2

If you are forming or combining clubs, select a unique name. Name must be approved by the region office.

- The Club 5 digit code will be assigned by the region office to prevent duplication.

# Club Types

1

**One-Team Club.** These clubs may NOT borrow players from any other club or team.

2

**Multi-Team Club program.** For school or groups that have several teams either in the same or different age groups. Advantages:

The teams can share a practice facility, coaches, and share players for tournament teams.

(Note you can only play or coach on 1 team per tournament.)

It allows players within the club to progress to a higher classification as their skills improve.

3

**Club with Sub Clubs -  
Needs to fill out 1 club activation form**

Allows players to play on multiple teams between the clubs.

All teams must have the same **5 digit club code** in their team code.

The clubs joining are called “**main club**” and “**sub clubs**”.



# Club Area Field on Activation Form

Areas are used to help players looking for clubs.

## The Metro Areas are:

- ▶ Ames
- ▶ Cedar Falls/Waterloo
- ▶ Cedar Rapids/Iowa City
- ▶ Council Bluffs/ SW Iowa
- ▶ Des Moines
- ▶ Quad Cities
- ▶ Sterling , IL

## The District Areas are:

- ▶ North Central -ex: Clear Lake, Lake Mills.
- ▶ North East -ex: Dubuque, Manchester, Waukon, West Union
- ▶ North West -ex: Sheldon, Osage, Sioux City
- ▶ South Central -ex: Pella, Colfax
- ▶ South East - ex: Burlington, Ft Madison, Ottumwa

# Facility Insurance Form

- ▶ A USA Volleyball Club receives insurance coverages for clubs and facilities as part of their membership
  - ▶ **Insurance Request** forms to cover clubs and facilities
    - ▶ The insurance certificates for last year's clubs and facilities are emailed after September 1st, when a club has been **activated**.
    - ▶ If you have not received your certificates, contact Devon Wells at [devon@iavbreg.org](mailto:devon@iavbreg.org)
    - ▶ Insurance Request Form can be found [HERE](#)

# Tryout Form

Tryout form should be completed for all tryouts — even if they are a closed tryout (invitation only).

- Fill out ASAP, or at least 2 weeks before tryout.
- The form ensures that tryouts are sanctioned and insured.
- Form may be found on the Region website under the Club Director's Page.

## Tryout Rules

- All participants are registered members
- All staff are registered members, background screened & SafeSport certified
- Must use Iowa Region commitment dates when offering bids

# Member Registration Section



# General Individual Registration Information



1. **Before participating in any activity** (tryout, practice, etc.):  
All participants need to be current (paid).
2. **All participants must register themselves online.**  
This included Players (Parent/Guardian must complete),  
Club Directors, Team Representatives, Coaches,  
Chaperones, Referees, Scorers and Tourney/Site Directors.
  - ▶ **For Proof have them bring:**
    - ▶ Their Membership Card can be downloaded to your phone.
    - ▶ Or Printed Membership Card.

# Junior Age Definitions

Age Chart: [www.iowavbregion.org/membership](http://www.iowavbregion.org/membership)

## Waivers

No waivers will be given to teams competing in events that qualify a team for National Competition.

- ▶ 11<sup>th</sup> grade players who turn 18 during the season are eligible to play on a 17's Age Team.
- ▶ No boys allowed on girls teams trying to qualify for Nationals.

Teams may have waivers for players that do not meet the age requirement as long as they are in the appropriate grade.

- ▶ Boys may be waived on to a girl's teams that are 8<sup>th</sup> grade/14u or younger.

Male Only – Players who were born on or after July 1, who are in the corresponding grade are eligible to play in the 12, 13 and 14 & Under divisions.



# Staff Requirements

# Coach Requirements

All Requirements must be met before a Coach is placed on the roster.

1. **IMPACT certifications**

IMPACT courses are FREE online through the USAV Academy. New Coaches and Club Directors will be automatically enrolled once they have completed membership.

2. **SafeSport certification**

Required of all staff before interacting with junior athletes.

SafeSport courses are FREE online through the USAV Academy. Coaches will be automatically enrolled once they have completed membership.

3. **A USAV Background Screening** is needed for an adult (18 years old) when they are associated with a junior program or working junior events.

1. The Screening must be passed and is good for 1 year. You will receive a link in the “Action Items” to pay and complete enrollment.
2. Junior Aged Assistant Coaches: When a Junior Aged Assistant Coach becomes **18 years or older**, they need a USAV background screening. Contact Region for help in completing process.



# Parent Helper/Chaperone Requirements

1

## A USAV Background Screening

Needed for an adult (18 years old) associated with a junior program or working junior events.

- Valid for 1 year
- Screening process is part of membership registration if you sign up with a staff membership.

2

## SafeSport certification

Is needed for all adult team staff before interacting with junior athletes.

3

## Sign All Waivers

- The Online Membership process populates the waiver, once the adult selects the staff membership, officiating or directing at junior events,

4

**Chaperones must be minimum 25 years of age.**

# Tryout

CLUB PREPARATION

# Club Preparation

1

Sanction your tryout by filling out the Tryout Sanction Form

- *inform players if you are looking for all positions or*
- *just filling a few positions on an invitation team.*
- *How many players per team- maximum, minimum*

2

Post information in club brochure or on website for parents.

- *Club fees and extras fees (uniforms, post season events)*
- *team selection,*
- *practice time*
- *playing time.*

# Tryout Staff

## **Workers at the tryout need to be:**

- Current USAV members.
- Have a current USAV background screening.
- Have a SafeSport certification.

# Tryouts

Club Tryout fees should NOT include a membership cost.

Participants should do their memberships online.

- Check membership by viewing membership cards they download or print from the membership system.

Tryout Membership options

- Tryout memberships can be purchased through the region website.
- Tryout Memberships are good for unlimited tryouts

If a Non-USA member is participating in the tryout the facility insurance is no longer in effect.

# Participant Membership Info

**The Junior Tryout memberships are upgradable**



Upgradable to a Full membership and the fee will be applied to the cost of the full membership.

Upgrade by renewing your membership from the club link.

**Do Not** select the **Full Membership** until you are chosen by a club.

**NO refunds** of full membership are issued if you do not make a club.

# Tryout Dates

1

The Iowa Region supports the IGHSAU and discourages High School tryouts during the season.

2

All offers made at any tryout, **early or fall**, must be honored until the region commitment dates.

3

## Summer Tryouts

- Allowed after the Girls' USAV National Championships.

4

## Fall Tryouts

- Players may participate in High School tryouts as determined by their local school board. Please reference their website for any information.

# Offers by Clubs

A club or team may offer a player a position in their club or team at anytime.

- **Coaches or club directors may NOT ask/force players to give a verbal/written commitment before the Iowa Region commitment dates.**
- Limited number of offers  
Clubs should not extend more offers than the number of players accepted for the team
- Offers are on the table until the commitment date or they are refused.  
Clubs may issue new offers once an offer is refused or expires (commitment date).
- **Online Commitment System (OCS) as proof of acceptance**
  - This is the only valid commitment system in Iowa.
  - A Player acceptance by invitation must be followed up in the OCS system.
- All commitments are kept in OCS.
- After January 1<sup>st</sup> any club assignment in the membership system (SportsEngine) will be considered a commitment to the club.



# Offer Periods:

- Any offer made in either the Early Tryout or Fall Tryout period, must be kept open until the specified commitment dates.
- A player may commit at any time.
- After the commitment date the offer may be withdrawn by the club.
- **Please see the region website for all commitment dates and policies.**

# IMPORTANT SEASON INFORMATION

# Club Director Help and FAQ

- ▶ [Club Director Information](#)
- ▶ [USA Volleyball Coach Education](#)
- ▶ [OCS \(Online Commitment System\)](#)
- ▶ [SportsEngine Login](#)
- ▶ [Membership Information](#)
- ▶ [25-26 Age Definitions](#)
- ▶ [Tryout Submission Form](#)
- ▶ [Club Activation Form](#)

# UNIFORMS

- ▶ IF YOU HAVE A QUESTION ABOUT UNIFORMS, IF THEY ARE LEGAL OR ILLEGAL YOU CAN USE THE FOLLOWING OPTIONS
  - ▶ SEND A PICTURE AND INFORMATION TO OUR OFFICIALS CHAIR, AL CLEARY, [AL@IAVBREG.ORG](mailto:AL@IAVBREG.ORG)
  - ▶ USA VOLLEYBALL HAS AN ONLINE APPROVAL FORM LOCATED AT <https://survey.sogosurvey.com/survey.aspx?k=SsURUWQsQRYsPsPsP&lang=0&data=>
    - ▶ Uniform Jersey Approval/Pre-Approval Submission
    - ▶ Send your uniforms to obtain ruling from USAV Rules Interpreter for ruling for qualifiers, bid tournaments, and national championships.

# CLUB POLICIES

- ▶ CREATE A CLUB HANDBOOK FOR ALL COACHES, PLAYERS AND PARENTS
- ▶ CREATE A CLUB TRAVEL POLICY
  - ▶ YOU MAY FIND A MODEL POLICY ON [USAVOLLEYBALL.ORG](http://USAVOLLEYBALL.ORG) OR THE REGION WEBSITE
- ▶ CREATE A CLUB SOCIAL MEDIA POLICY
  - ▶ YOU MAY FIND A MODEL POLICY ON [USAVOLLEYBALL.ORG](http://USAVOLLEYBALL.ORG) OR THE REGION WEBSITE
- ▶ WHY DO I NEED TO DO THIS?
  - ▶ PROTECTS YOUR CLUB, COACHES AND PLAYERS
  - ▶ GIVES GUIDELINES ON HOW TO DEAL WITH SITUATIONS
  - ▶ COACHES AND PLAYERS SHOULD NOT BE FRIENDS OR CONTACTING EACH OTHER THROUGH SOCIAL MEDIA. IT IS A GOOD IDEA TO HAVE A TEAM FACEBOOK PAGE OR TWITTER ACCOUNT FOR ALL ANNOUNCEMENTS AND HAVE ALL PLAYERS AND PARENTS JOIN THOSE PAGES FOR INFORMATION.

# 2026 USAV National Championships

Girls JNC 18U  
Reno, NV  
May 1-3

Adult Opens  
Orlando, FL  
May 22-27

Girls Club  
Championship (All  
Ages)  
Columbus, OH  
June 5-7

Girls JNC 10-13U  
Minneapolis, MN  
June 19-22

Girls JNC 14-17U  
Indianapolis, IN  
June 25-July 3

Boys JNC  
Phoenix, AZ  
July 8-11

All-Star  
Columbus, OH  
July 22-26

# REFEREE AND SCORER CERTIFICATIONS

- ▶ Online Clinics will be available starting in December
- ▶ All Certifications are expired. Anyone needing certification must take the modules this season.
- ▶ Players will be automatically registered for the clinics through their USA membership.
- ▶ Junior Club Staff and Parent Helpers will need to enroll in their courses through the academy.
- ▶ Clubs may contact Al Cleary our Officials Chair to schedule group clinics which will count towards certification. [al@iavbreg.org](mailto:al@iavbreg.org)





# 2026 Iowa Region Tournament Sign-up



# Opening Sign- up Weekend

Tournament website: [www.iowaregionvolleyball.com](http://www.iowaregionvolleyball.com)

The region recognizes that the tournaments are run by independent operators under region guidelines. A tournament may decide that an individual/team/club may not attend their event. This should be communicated before tournament signup but if a situation warrants during the season, the tournament can apply restrictions that could carry over for the rest of the season and future seasons.

# Pre-Registration

Teams may register early for all Sanctioned Region Tournaments

- Qualifying tournaments may fill their events to 100% capacity
- Leagues may fill their events to 100% capacity
- Gold/Silver level tournaments can only fill their events to 50% capacity

Pre-Registration teams must contact the Tournament Director and request a spot.

- You will be given a link from the Tournament Director to sign up

# Tournament Levels

## Qualifying

- **15U-18U - ONLY**
- To enter into the Iowa Regional Qualifying Divisions a team must register in their age group in at least ONE of the tournaments in the series.
- **Teams 14U and younger DO NOT** have this requirement to enter the Qualifying Regional Divisions.

## Gold

Combined gold and silver level teams.  
Age or grade teams.

## Silver

- Beginning or developmental level teams. Age or grade teams.



# 2026 Iowa Regional Championships

ALL CHAMPIONSHIPS WILL BE HELD IN THE DES MOINES AREA

# Regional Championship Sign-up

- ▶ **TEAM ENTRY FEES - \$550**
  - ▶ Admission is FREE at all sites.
- ▶ **Sign-up begins, December 1st**
  - ▶ There will be limits on the divisions for sign-up, please register early. After a division is full you may enter a different division and/or sign up on the waitlist.
  - ▶ Teams for the qualifying divisions must sign up in their team's age division.
- ▶ **Tm2sign.com will be used for the Iowa Regional Championship**
- ▶ **EventConnect is the NEW housing service for the Regional Championships.**
- ▶ **All information can be found on the region website.**





March 14-15, 2026

Divisions:

16, 17 & 18 Qualifiers

14, 16, 18 Boys

Location:

MidAmerican RecPlex – West Des Moines  
Prairie Trail Sports Complex - Ankeny

March 28-29, 2026



## Divisions:

11 – 15 Qualifiers

16 Gold and Silver

17 Gold and Silver

18 Gold

## Locations:

MidAmerican RecPlex – West Des Moines



April 11-12, 2026

Divisions:

10 Gold  
11 Gold  
12 Gold & 12 Silver  
13 Gold & 13 Silver  
14 Gold & 14 Silver  
15 Gold & 15 Silver

Locations:

MidAmerican RecPlex – West Des Moines  
Prairie Trail Sports Complex - Ankeny



# NO ADMISSION FEES FOR SPECTATORS

► No admissions will be charged at any of the Jr Regional Venues allowing spectators a chance to come and go without the hassle of wristband or paying at each site.



# Region Staff

Commissioner –  
Brett Myres

- Junior Regionals, Commitments, Website

Carol Anderson

- Registration, Payments and Membership Information

Molly  
MacQueeney

- High Performance, Social Media, Adult Tournaments, Junior Regionals

Devon Wells

- Junior Tournaments, Junior Regionals, Insurance, College Recruiting Help

Al Cleary

- Officials, Day Officials, SafeSport, USAV Academy



THANK YOU  
FOR VIEWING

HAVE A GREAT  
SEASON

