Direction of Intention (St. Francis de Sales)
Oh my God, I give you this day.
I offer you now all of the good which I shall do.
I promise to accept for love of you all of the difficulty which I shall meet.
Help me to conduct myself during this day in a manner most pleasing to you.

AUGUST VIRTUE: PATIENCE

Heavenly Father,
we are impatient of being on the way to something new,
and yet it is the law of all progress
that we must pass through some stages of instability,
and that it may take a very long time.
Only You can say what this new spirit
gradually forming within us will be.
Help us to give You the benefit of believing
that Your hand is leading us,
and help us to accept the anxiety of
feeling ourselves in suspense and incomplete.
+Amen.

Pierre Teilhard de Chardin, S.J.

SEPTEMBER VIRTUE: PATIENCE

Heavenly Father,
we are impatient of being on the way to something new,
and yet it is the law of all progress
that we must pass through some stages of instability,
and that it may take a very long time.
Only You can say what this new spirit
gradually forming within us will be.
Help us to give You the benefit of believing
that Your hand is leading us,
and help us to accept the anxiety of
feeling ourselves in suspense and incomplete.
+Amen.

Pierre Teilhard de Chardin, S.J.

OCTOBER VIRTUE: HOLY FRIENDSHIP

Loving God,
Let us receive and carry the gentle Jesus:
in our words by proclaiming Him;
in our hands by doing good works;
and on our shoulders by supporting our friends.
+Amen.

St. Francis de Sales

NOVEMBER VIRTUE: HOSPITALITY

Jesus,
We are your disciples.
You bring us together to learn, to play, and to worship.
Be with us and guide us every day,
as we welcome old friends and greet new ones with hospitality.
+Amen.

Adapted from Words for the Journey for Kids Lisa Freemantle & Les Miller

DECEMBER VIRTUE: CONTENTMENT

Dear Lord, Help me to ask for nothing and refuse nothing, so that I may be content with all things. +Amen.

St. Francis de Sales

JANUARY VIRTUE: GENTLENESS

Jesus, King of my Heart, You were kind to everyone who came to You. Be my strength as I try to be gentle to everyone I am with today. +Amen.

Bl. Pier-Giorgia Frassati

FEBRUARY VIRTUE: PERSEVERANCE

Father, Remain with me as I take small steps through life. Thank you for holding my hand, and walking with me every step of the way. +Amen.

St. Francis de Sales

MARCH VIRTUE: FAITHFULNESS

Dear Jesus,
I long to have You as my best friend.
Give me a desire to spend time with You each day, as I do with my friends.
Help me always to put You first in my life, even when I am busy.
+Amen.

St. Catherine of Siena

APRIL VIRTUE: JOYFUL OPTIMISM

Jesus, As I live joyfully and courageously, please remain by my side, supporting me with Your love. +Amen.

St. Jane de Chantal

MAY VIRTUE: THOUGHTFUL CONCERN FOR OTHERS

Loving God,
Let us live in community
with great expansiveness of heart,
a holy liberty of spirit without constraint,
respecting one another and supporting one another.
+Amen.

St. Jane de Chantal

JUNE VIRTUE: GENEROSITY

Dear Jesus, Let me share myself with others as You share Your life with me. +Amen.

St. Hedwig