

Twenty-first Sunday in Ordinary Time

Aug
24
2025



ST. COLUMBAN

CATHOLIC CHURCH



21st Sunday

IN ORDINARY TIME



 **10801 Stanford Ave. Garden Grove, CA 92840**

 **714.534.1174**

 **www.saintcolumbanchurch.org**

 **Parish Office Hours**

Monday - Friday | 9:00am - 5:30pm

Saturday - Sunday | 9:00am - 3:00pm

Lunch | 12:30pm - 1:30pm



PARISH OFFICES
CLOSED
FOR LABOR DAY

WELCOME!

OUR MISSION

Saint Columban Church as part of the Diocese of Orange is a sacramental, multicultural community, unite through prayer, faith sharing, and action. Our parishioners strive to live the gospel of Jesus Christ and the expression of His love and grace. Using our gifts of time, talent, and treasure, we endeavor to meet the needs of all with special sensitivity to the poor.

MASS SCHEDULE

Weekday Mass

English | 6:30am, 8:30am

Tiếng Việt | 5:30pm

Weekend Mass

Saturday | Vigil

English | 8:30am, 4:45pm

Tiếng Việt | 6:30pm

Sunday

English | 8:00am, 9:30am, 11:15am

Contemporary | 5:15pm

Español | 1:00pm

Tiếng Việt | 6:30am, 3:15pm, 7:00pm

Confession

Tuesday | 6:00pm - 7:00pm

Saturday | 9:00am - 10:00am

Adoration

Tuesday | 9:00am - 7:00pm

24hr Adoration is on the second Tuesday of every month.

(Please be mindful of those around you. We encourage everyone to pray in silence.)

IN FAITH, WE COME TOGETHER IN FAITH, WE PRAY TOGETHER

This week at St. Columban

Please remember our deceased and their Families

Aria Nora Sanchez, Deborah Leimbach

For this month

Please remember those in need of our Prayers

Por Favor recuerden los que necesitan nuestras plegarias

Xin cho những người đau yếu được chóng bình phục

Janet Demon | Leslie Shelley | Rose Mitchell | Edgar Montez | Francisco Ramirez | Alberto Hernandez | Clifford Brown | Virginia Brown | Janessa McGee | Ray Vasquez | Cathy Jo Askew | Nenette Karr | Philip Andrew Nguyen | Frank, Melissa, & Teresa Hudgins | Carol Teahen | Balbina Herrera Caceres | Alejandro J. Arciniega | Bridget Barrera | Nenita Ketzhu | Esther Maldonado | Sakary Catanzaro | Balbina Herrera Caceres | Alejandro J. Arciniega | Tristen Nguyen

READINGS

Monday, 25th | 425: 1 Thes 1:1-5, 8b-10/ Ps 149:1b-6a, 9b/ Mt 23:13-22

Tuesday, 26th | 426: 1 Thes 2:1-8/ Ps 139:1-3, 4-6/ Mt 23:23-26

Wednesday, 27th | 427: 1 Thes 2:9-13/ Ps 139:7-12b/ Mt 23:27-32

Thursday, 28th | 428: 1 Thes 3:7-13/ Ps 90:3-5a, 12-14, 17/ Mt 24:42-51

Friday, 29th | 429: 1 Thes 4:1-8/ Ps 97:1, 2b, 5-6, 10-12/ 634: Mk 6:17-29

Saturday, 30th | 430: 1 Thes 4:9-11/ Ps 98:1, 7-9/ Mt 25:14-30

Sunday, 31st | 126: Sir 3:17-18, 20, 28-29/ Ps 68:4-7, 10-11/ Heb 12:18-19, 22-24a/ Lk 14:1, 7-14

SAINTS DAY

Monday, 25th | St. Louis & St. Joseph Calasanz

Tuesday, 26th | None

Wednesday, 27th | St. Monica

Thursday, 28th | St. Augustine

Friday, 29th | The Passion of Saint John the Baptist

Saturday, 30th | None

Sunday 31st | None

WEDDING BANNS

September 13th

None

September 20th

None

September 27th

Michael Vu & Nathalie Vu

MASS INTENTIONS

Monday 25th | **6:30am** | Van Dang (L), Hoang Family (L)
| **8:30am** | Tran Family (L),
Fernando Antonio (D)

Tuesday 26th | **5:30pm** | Teresa (D)
| **6:30am** | For the Parish (I)
| **8:30am** | Victorino Manaois (L),
Francisco Miguel Garcia (L)

Wednesday 27th | **5:30pm** | None
| **6:30am** | For the Parish Staff (L)
| **8:30am** | Luisito & Matea Cruz (D)
| **5:30pm** | None

Thursday 28th | **6:30am** | Sr. Madeline Nguyen (L)
| **8:30am** | For the School (I)
| **5:30pm** | Carmela Passanisi (D)

Friday 29th | **6:30am** | Sr. Thao Vi Hoang (L),
Maria Bien Nguyen (D)
| **8:30am** | Augustine Lee (D),
Mary Smith (D)

| **5:30pm** | Maria Vu Thi Hoa (D),
Maria Ho Nguyen (D)

Saturday 30th | **8:30am** | Mark David Marthell (D),
Luisa Diaz de Arciniega (D)
| **4:45pm** | Bill Rice (D),
Maria Tran Thi Ram (D)

| **6:30pm** | None

Sunday 31st | **6:30am** | None
| **8:00am** | Alberto Thanh Chi Nguyen (D),
Federico Cruz (D)

| **9:30am** | Amado & Rosa Galang (D)

| **11:15pm** | Jojo & Tess Bautista (L)

| **1:00pm** | Lillian Barbas (L),
Valentin Ortiz (D)

| **3:15pm** | None

| **5:15pm** | For Parish Volunteers (L)

| **7:00pm** | Maria Vuong Thi Bich Ha (D)

Key | (L) Living | (I) Intercession | (D) Deceased

DONATIONS | THANK YOU

**The total collection for
last weekend was:**

8/17/2025 | \$34,004

Online | \$2,440.87

**Thank you for your
generous support!**



PSA Updates

Total amount pledged \$230,637

Total amount paid \$212,174

Total Families 536

Thank you for your generosity.



PASTORAL SERVICES APPEAL

Pastor's Corner

Sunday, August 24, 2025

Dear Parishioners of St Columban!

This Sunday's Gospel invites us to reflect deeply on the journey of salvation. When someone asks Jesus, "Lord, will only a few be saved?", He doesn't respond with a number or a statistic. Instead, He shifts the focus to **personal responsibility**:

"Strive to enter through the narrow door." The word "**strives**" in Greek (αγωνίζεσθε – *agonizesthe*) is the root of the word *agony*. It implies effort, struggle, and persistence. Jesus is not encouraging a passive or complacent faith, but an **active pursuit of holiness** — a daily effort to love God, serve others, and follow Him faithfully.

The "narrow door" is not about exclusion, but about **commitment**. Many may hear the Gospel, may be familiar with Jesus, but not all will choose to live His teachings. The Gospel warns against if proximity to faith (being around it or knowing about it) is enough. What matters is a heart transformed by grace — a life that bears fruit. We are reminded today that salvation is **God's gift**, but we must **cooperate** with that gift. The door is narrow not because God wants to keep people out, but because it requires us to leave behind **pride, selfishness, and sin** to pass through. And there is hope: Jesus ends the Gospel with a powerful reversal — "Some are last who will be first, and some are first who will be last."

The kingdom of God is full of surprises. Those who seem insignificant in the eyes of the world may be great in God's eyes. God's mercy is wide, and His grace is available to all — but it is up to us to respond. Let us not delay. Let us not presume. Let us strive — every day — to walk through the narrow door with humility, repentance, and love.

May this week be an opportunity for each of us to examine our hearts, renew our commitment to Christ, and choose the path that leads to life.

Your servant in Jesus Christ!

Reverend Joseph Luan Nguyen, Pastor

Lá Thư Cha Chánh Xứ

Chúa Nhật ngày **24 tháng 8, 2025**

Quý Ông Bà Anh Chị em thân mến!

Chúa Nhật hôm nay, một người hỏi Chúa Giêsu: “Thưa Thầy, những người được cứu thoát thì ít, có phải không?” Thay vì trả lời trực tiếp, Chúa Giêsu hướng người ấy – và mỗi chúng ta – đến một thái độ sống cần thiết: “Hãy chiến đấu để qua được cửa hẹp.” Từ “chiến đấu” (trong bản gốc Hy Lạp: *agonízesthe*) không chỉ nói đến nỗ lực, mà còn gợi lên sự đấu tranh liên lỉ, kiên trì, đôi khi đau đớn như “sự vật lộn trong nội tâm”. Qua đó, Chúa cho thấy rằng **ơn cứu độ không phải là điều đến một cách ngẫu nhiên hay do may mắn**, nhưng là kết quả của một hành trình sống đức tin nghiêm túc và kiên vững.

Cửa hẹp không nhằm loại trừ ai, nhưng mời gọi chúng ta từ bỏ những gì là công kênh – tính kiêu căng, ích kỷ, dửng dưng và tội lỗi – để có thể bước vào bằng trái tim khiêm nhường, yêu thương và sám hối. Nhiều người có thể từng “ăn uống trước mặt Chúa” (tức là từng biết đạo, từng tham dự các nghi lễ), nhưng nếu không sống theo tinh thần Tin Mừng thì vẫn có thể bị “đóng cửa” khi đã quá trễ. Tuy nhiên, Tin Mừng hôm nay kết thúc bằng một tia sáng đầy hy vọng: “Thiên hạ sẽ từ đông sang tây, từ bắc chí nam, đến dự tiệc trong Nước Thiên Chúa.” Kẻ sau hết sẽ nên trước hết, và kẻ trước hết sẽ nên sau hết.”

Điều đó cho thấy **Thiên Chúa không thiên vị ai**. Nước Trời mở ra cho tất cả những ai biết **hoán cải**, dẫn đến trỗi dậy thành tâm. Những gì thế gian cho là sau chót có thể trở nên ưu tiên trong mắt Chúa – Đấng nhìn vào **tâm lòng và sự đáp trả của mỗi người**.

Ước mong mỗi chúng ta biết đặt câu hỏi cho chính mình trong tuần này:

- **Tôi đang bước vào cửa nào trong đời mình?**
- **Tôi có thật sự chiến đấu mỗi ngày để sống trọn vẹn ơn gọi làm Kitô hữu không?**
- **Tôi có dám bỏ lại những hành trang nặng nề để bước qua cánh cửa hẹp dẫn đến sự sống đời đời không?**

Nguyện xin Chúa cho chúng ta ơn can đảm, tỉnh thức và trung thành bước theo Người mỗi ngày.

Thân mến trong Chúa Kitô và Đức Mẹ La Vang!

Linh Mục Giuse Nguyễn Văn Luân.
Chánh Xứ

Notas del Párroco

Domingo, Agosto 24, 2025

¡Queridos hermanos y hermanas en Cristo!

El Evangelio de este domingo nos presenta una pregunta muy humana: «Señor, ¿es verdad que son pocos los que se salvan?»

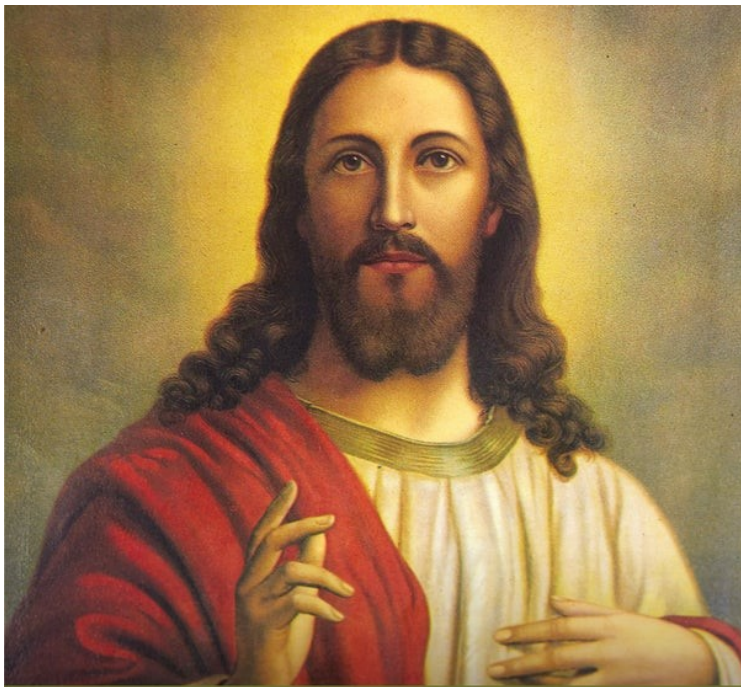
Y la respuesta de Jesús no es un número, sino una **llamada personal al compromiso**: «Esfuércense por entrar por la puerta estrecha.» El verbo que usa Jesús, “esfuércense” (*agonízesthe* en griego), implica lucha, disciplina, perseverancia. La salvación no se trata de una entrada automática ni de una fe superficial. Es un camino que requiere decisión, fidelidad y una conversión constante del corazón.

La **puerta estrecha** no es un símbolo de exclusión, sino una invitación a dejar atrás todo lo que impide nuestra comunión con Dios: el egoísmo, la soberbia, la indiferencia, el pecado. Es una puerta que solo se puede atravesar con humildad, con fe auténtica y con un amor sincero a Dios y al prójimo. Jesús también nos advierte: no basta con conocerlo de nombre, ni con haber estado “cerca” de la Iglesia. Lo que importa es **vivir de acuerdo con el Evangelio** y responder con obras a la gracia que Dios nos ofrece cada día. Y, al final del pasaje, hay una palabra de esperanza que sorprende: «Vendrán muchos del oriente y del occidente, del norte y del sur, y participarán en el banquete del Reino de Dios. » «Hay últimos que serán primeros y primeros que serán últimos.» Esto nos recuerda que Dios ve el corazón, no las apariencias. Su misericordia está abierta a todos, incluso a quienes el mundo considera últimos o indignos. Pero también nos invita a no caer en la autosuficiencia espiritual. La salvación es un don, sí, pero requiere nuestra **respuesta libre y comprometida**.

Que esta semana sea una oportunidad para preguntarnos: **¿Estoy caminando por la puerta estrecha? ¿Estoy esforzándome por vivir mi fe con autenticidad y amor? Confíemos en el Señor, que siempre nos espera con los brazos abiertos.**

¡Sinceramente suyo en Jesucristo y Nuestra Señora de Guadalupe!

Reverendo Joseph Luan Nguyen, Párroco



21ST SUNDAY IN ORDINARY TIME

"People will come from the east and the west and from the north and the south and will recline at table in the kingdom of God. For behold, some are last who will be first, and some are first who will be last." - Lk 13:29-30

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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ST. COLUMBAN CHURCH 24 HOUR ADORATION

24 HOUR ADORATION IS ON THE SECOND TUESDAY OF EVERY MONTH. THERE WILL BE A SIGN UP SHEET ON THE SACRISTY DOOR FOR ANY INDIVIDUALS OR MINISTRIES THAT WOULD LIKE TO RESERVE AN HOUR TIME SLOT WITH THE BLESSED SACRAMENT.



KEEP
GOD
IN
FOCUS

©LPI

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.

ORACIÓN DEL JUBILEO

Padre que estás en el cielo, la fe que nos has donado en tu Hijo Jesucristo, nuestro hermano, y la llama de caridad infundida en nuestros corazones por el Espíritu Santo, despierten en nosotros la bienaventurada esperanza en la venida de tu Reino. Tu gracia nos transforme en dedicados cultivadores de las semillas del Evangelio que fermenten la humanidad y el cosmos, en espera confiada de los cielos nuevos y de la tierra nueva, cuando vencidas las fuerzas del mal, se manifestará para siempre tu gloria. La gracia del Jubileo reavive en nosotros, Peregrinos de Esperanza, el anhelo de los bienes celestiales y derrame en el mundo entero la alegría y la paz de nuestro Redentor. A ti, Dios bendito eternamente, sea la alabanza y la gloria por los siglos. Amén.

Kinh Năm Thánh 2025

Lạy Cha trên trời, xin cho ơn đức tin mà Cha ban tặng chúng con trong Chúa Giêsu Kitô, Con Cha và Anh của chúng con, cùng ngọn lửa đức ái được thắp lên trong tâm hồn chúng con bởi Chúa Thánh Thần, khơi dậy trong chúng con niềm hy vọng hồng phúc hướng về Nước Cha trị đến. Xin ân sủng Cha biến đổi chúng con thành những người miệt mài vun trồng hạt giống Tin Mừng. Ước gì những hạt giống ấy biến đổi từ bên trong nhân loại và toàn thể vũ trụ này, trong khi vững lòng mong đợi trời mới đất mới, lúc mà quyền lực Sự Dữ sẽ bị đánh bại, và vinh quang Cha sẽ chiếu sáng muôn đời. Xin cho ân sủng của Năm Thánh này khơi dậy trong chúng con, là Những Người Lữ Hành Hy Vọng, niềm khao khát kho tàng ở trên trời. Đồng thời cũng làm lan tỏa trên khắp thế giới niềm vui và sự bình an của Đấng Cứu Chuộc chúng con. Xin tôn vinh và ngợi khen Cha là Thiên Chúa chúng con, Cha đáng chúc tụng mãi muôn đời. Amen.

OCIA INTERESTED IN BECOMING CATHOLIC?

The **Order of Christian Initiation** is a process for becoming Catholic or completing the Sacraments of Initiation. Through the process of becoming Catholic, one discovers life's new meaning and purpose. It is a time of prayer, study, reflection, faith sharing, and becoming an active member of our parish community. All are welcome!

Generally, this process is for:

- Adults and children over the age of 7 who are not baptized.
- Adults from another Christian tradition, who are baptized, but considering becoming part of the Catholic faith community.
- Adults who were baptized Catholic as infants, but never received their First Holy Communion or Confirmation.



For more information
please contact:
Deacon Danny Truong
(714)989-9478

ADULT CONFIRMATION



Are you a practicing Catholic or open to becoming one, and would like to receive the Sacrament of Confirmation?

****Must be registered by October 1st in order to receive the sacrament of Confirmation at the following ceremony.****

Requirements: Must be 18 or older, Baptized and received First Holy Communion.

If you have any questions, please text or call Roy English (714) 454-9555

MUỐN TRỞ THÀNH NGƯỜI CÔNG GIÁO ?

Lớp Giáo Lý Dự Tông dành cho người lớn niên khóa 2025-2026, bắt đầu ghi danh.

Xin quý vị giới thiệu cho những ai muốn tìm hiểu hoặc muốn trở thành người Công Giáo. Hoặc coi trên tờ hiệp thông.

Mọi chi tiết xin liên lạc Thầy Phó Tế Trương Văn Danny:
(714) 989-9478



SAINT COLUMBAN YOUTH MINISTRY & CONFIRMATION PROGRAM

Volunteer!

Interested in volunteering for the Confirmation Program?

Sign up with the QR code / link in bio.
Email to admin@saintcolumbanym.org
or turn into the office or at registration.



Questions? Contact us.
admin@saintcolumbanym.org



714-534-3947

We offer a well balanced Catholic education that challenges students to be creative thinkers and problem solvers.

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Now Accepting Applications

2025/2026



saintcolumbanschool.com Principal: Ms. Geary mgeary@saintcolumbanschool.com

September 12th Women's Silent Retreat

[Back To List](#)

12 Sep 9/12/2025 Women's Silent Retreat* SHRH Retreat

Fri, Sep 12, 2025, 05:00 PM - Sun, Sep 14, 2025, 12:00 PM PDT

Event description

September 12th Women's Silent Retreat

"I am the way, the truth, and the life." John 14:6

REGISTRATION OPENS FRIDAY JUNE 13TH

This year's classic retreat theme is based on Jesus Christ: the Way, the Truth, and the Life. As usual, your Classic Retreat will consist of five conferences led by our Priest Retreat Master as well as times for confession, adoration, the rosary, Saturday and Sunday Mass, and periods of silent reflection. The Carmelite Sisters pray especially for our retreatants and provide guided times for lectio divina, a walking rosary, and meditations. You will walk away exceptionally renewed in your relationship with God the Father, anchored in your identity as His beloved child, and strengthened in your unique mission!

If you'd like to begin your retreat one day early, please sign up for the September 11th Extended Women's Silent Retreat. (Please note that you do not need to sign up for both events - just one or the other.)

To register go on line to www.sacredheartretreathouse.com or call (626) 289-1353.

Questions - Call Linda Hodges (714) 928-3204 or Maria Navarro (714) 623-8648.

Please join us if you can.

PUZZLE

Find and circle these words from today's Gospel:

JESUS	NARROW	DOOR
TAUGHT	LOCKS	FEAST
SAVED	KNOCK	KINGDOM

J U E S W A O N I H W
A K N O C K Y S O J E
R I U A L F E A S T M
H N E T N A U V G A H
T G P L A I T E H U T
W D O O R N S D A G N
I O V L R A L G E H S
S M E N O S O K D T H
H L O R W D C A R O E
N Y A F G O K I N G T
O B J E S U S E S A V

MISSION

Pray to God with your family, and ask God to change your hearts so that you love him more than anything else.



ST. COLUMBAN'S WOMEN'S COUNCIL

ALL WOMEN ARE INVITED TO JOIN US FOR OUR NEXT MEETING ON MONDAY, SEPTEMBER 8TH IN THE MARIAN ROOM AT 7 PM!

WE WILL BE HAVING AN ICE CREAM SOCIAL!! PLEASE COME JOIN US AND MAKE SOME NEW FRIENDS!



WE ARE ALSO LOOKING FOR DONATIONS FOR THE DRAWING FOR THIS YEAR'S NOEL FESTIVAL, WHICH WILL BE HELD ON DECEMBER 7TH. PLEASE LET US KNOW IF YOU CAN HELP!!

REGISTER FOR RELIGIOUS EDUCATION

©LP

Registrations for the upcoming catechetical year will begin in August! For more information, please contact Adonela Del Cid at 714-534-1174 EXT 310.

Requirements

- *A Baptismal Certificate
- *Must be 6 years old

Registration hours are as follows:

Thursdays: 930am to 6pm

Fridays: 930am to 6pm

Saturdays: 930am to 6pm

Sundays: 1030 am to 3pm



¡Las inscripciones para el próximo año catequético comienzan en agosto! Para más información, comuníquese con Adonela Del Cid al 714-534-1174 EXT 310.

Requisitos

- *Certificado de Bautismo
- *Debe tener 6 años de edad

El horario para las inscripciones son las siguiente:

Jueves: 9:30 a. m. a 6:00 p. m.

Viernes: 9:30 a. m. a 6:00 p. m.

Sábados: 9:30 a. m. a 6:00 p. m.

Domingos: 10:30 a. m. a 3:00 p. m.

Las inscripciones para el proceso de Rica(OCIA) y la confirmación para adultos mayores de 18 años están abiertas.

Rica es para las personas que necesitan los sacramentos de iniciación. Bautismo, primera comunión y confirmación o solo primera comunión o confirmación. Y para cualquier persona que desea convertirse en Católico (a)

Por más información, favor de llamar a Jose Diaz (714) 697-1182



Seeking Catechists & Catechist Aides

St. Columban Church is looking for catechists and catechist assistants for the next catechism year. If you have felt in your heart the call to come and serve within your parish, this may be your opportunity. Please join us in the informative meeting that will be held on Friday, August 22nd at 7:00pm. **God doesn't always call the qualified. He qualifies the called!** For more information contact Adonela Del Cid at 714-534-1174 EXT 310.



Meeting Room:

Murphy Hall, Religious Education Office

Se Buscan Catequistas & Asistentes de Catequistas

La iglesia de San Columbano esta buscando catequistas y asistentes de catequistas para el próximo año de catequesis. Si has sentido en tu corazón el llamado de servir dentro de la parroquia, esta puede ser tu oportunidad. Acompáñanos en la reunión de información el viernes 22 de agosto a las 7:00pm. **Dios no siempre llama a los mas capacitados. ¡El capacita a los llamados!** Para mas informacion comuníquese con Adonela Del Cid al 714-534-1174 EXT. 310.

Salón de Junta:

Murphy Hall, Oficina de Educación Religiosa

CLERGY

Pastor

Reverend Joseph Luan Nguyen

jluannnguyen@saintcolumbanchurch.org

Parochial Vicars

Reverend Joe Ho

nghia@saintcolumbanchurch.org

Reverend John Duy Nguyen

jduynguyen@saintcolumbanchurch.org

Deacons

Deacon Danny Truong

Deacon David Phan

ADMINISTRATION

Parish Office | 714-534-1174

Business Manager | Bridget Phillips | x119

Office Manager | Geovanna Sahagun | x111

Bereavement Ministry | 714-534-1174

St. Vincent de Paul | 714-539-9133

St. Columban School | 714-534-3947

Principal | Melissa Geary | mgeary@saintcolumbanschool.com

Director of Music | Rosemarie Elliott | 714-337-6670

Faith Formation

Religious Education

English & Spanish Religious Education | ERE & SRE |
OCIA | Adapted for children |
Adonela Del Cid | x310
adelcid@saintcolumbanchurch.org

Vietnamese Religious Education | VRE |
Sr. Angeline Nguyen | x302

Order of Christian Initiation for Adults | OCIA |
English & Vietnamese |
Deacon Danny Truong | 714-989-9478

Rito De Iniciación Cristiana de Adultos | RICA |
Jose Diaz | 714-697-1182

English Adult Confirmation | 18 years and older |
Roy English | 714-454-9555

Youth Confirmation | Sr. Pauline Tram Nguyen | x304

Altar Servers

English Mass | Thao Phuong Nguyen | 714-725-1526

Vietnamese Mass | Amanda Lai | 714-260-4486

Spanish Mass | Belinda Wright | 714-350-6388

KEEPING SUNDAY | ALL DAY

As we take time each week to celebrate the Paschal Mystery in the Eucharist and to rest from the burdens of our daily lives, we remind ourselves that we are made in the image and likeness of God who "rested on the seventh day from all the work he had undertaken" (Gn 2:2).

To celebrate the Lord's Day more fully, consider trying the following:

- Do not use Sunday as your catch-all day for errands and household chores.
- Share a family meal after Mass. Have the whole family join in the preparation and cleanup.
- Go for a walk or bike ride and give thanks to God for the beauty of nature.
- Spend time reading the Bible or a spiritual book.
- Pray the Rosary or the Liturgy of the Hours, alone or with others.
- Visit parishioners and others who are homebound.
- Read Bible stories to your children.
- Turn off your gadgets and enjoy the silence

*Information taken from USCCB from
Celebrating the Lord's Day.*

CRISIS PREGNANCY CENTERS

Life Center of OC | 714-835-5433

Horizon Pregnancy Clinic | 714-897-7500

Obria Medical Clinic (Santa Ana) | 714-516-9045

Vietnamese Hotline | 714-721-2111 | 714-981-7888

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BULLETIN



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