



**Brock Hughes
Medical Center**
450 West Monroe Street
Wytheville, VA 24382

brockhughes.org

Pharmacy Services

Wellness Beyond Prescriptions-with the ultimate goal of improving health and quality of life.

Clinical Pharmacy is a health science discipline in which pharmacists provide patient care that optimizes medication therapy, aims for disease prevention, and promotes overall health.

BHMC Pharmacist & Diabetes Educator Keri Sword, PharmD, CDCES provides pharmacy services for BHMC patients AND the community.



Diabetes Education & Support Classes

Disease State Education

Nutrition Counseling

Continuous & Traditional Glucose Monitoring

Medication Reconciliation

Healthy Lifestyle Series

Chronic Care Management

**Prescriptions Filled at the BHMC Pharmacy
(uninsured patients only)**

Pharmacy programs made possible in partnership with:



Pharmacy Services Available to Patients



Insured & Uninsured Patients

Medication Reconciliation ●●●

Provides a comprehensive review of all medications, including over-the-counter drugs and herbals, to ensure that your medication list is accurate and up to date. The list is then evaluated for potential drug interactions or duplications. The pharmacist shares information with the provider so adjustments can be made if needed.

Disease State Education ●●●

Provides patients with information and education regarding their specific disease state and how best to cope with it. ·How the disease develops and affects the body ·*Best medications to treat it* ·*Self-monitoring guidance* ·*Long-term effects* ·*Nutrition and lifestyle recommendations* ·*Recommended vaccinations for the condition*

Chronic Care Management ●●●

Ongoing monitoring and education by the pharmacist for chronic diseases such as diabetes, hypertension, COPD, heart failure, and high cholesterol. Together, the pharmacist and patients develop personal health goals related to their condition: ·*Medications* ·*Meal planning* ·*Self-monitoring* ·*Exercise*

Nutrition Counseling ●●●

Helps patients obtain appropriate nutrients while limiting foods and drinks that may worsen their condition(s). Focus is on balanced nutrition, including all food groups. By modifying eating habits, overall health and quality of life can improve. Recommendations are tailored specifically to each patient and their conditions.

Continuous & Traditional Glucose Monitoring ●●●

Assistance and education for at-home glucose self-monitoring is provided to all diabetic patients. Data from glucometers or continuous glucose monitoring (CGM) devices is regularly reviewed by the pharmacist and discussed with the provider to make adjustments and create an individualized care plan.

Uninsured Patients ONLY

Prescriptions Filled at the BHMC Pharmacy ●●●

Prescriptions are filled on-site at BHMC for a significantly discounted cost. On average, \$7/prescription (90-day supply).

Pharmacy Services Available to Patients AND the Community



Healthy Lifestyle Series ●●●

Classes encourage active involvement in practices that foster overall well-being and holistic health.

WHEN? WHERE?

- April-September
- 3rd Wednesday of each month
- 2:00 pm
- Wytheville Community College
- *any changes to the time or location will be announced*

Diabetes Education & Support Classes ●●●

Diabetes self-monitoring education and support classes are held weekly at BHMC by Dr. Sword.

For More Information:



(276) 223-0558

INCENTIVE: All participants receive a "Farmacy Voucher" to use at the Wytheville Farmers Market.