


SUMMER 2026 REC CLASS SCHEDULE

Effective 6/15/26 - Registration opens Sunday, 5/24!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TODDLER GYM Walking-36 months	5:30-6:15pm Coach Wayne	6-6:45pm Coach Stacey	5-5:45pm Coach Tenley	5-5:45pm Coach Emma	4:30-5:15pm Coach Wayne	9-9:45am Coach Tylah 10-10:45am Coach Samantha 11-11:45am Coach Tylah
PRESCHOOL 3-4 year olds	4:30-5:15pm Coach Tenley 6-6:45pm Coach Stacey	4:30-5:15pm Coach Wayne 6-6:45pm Coach Aryam	4:30-5:15pm Coach Wayne 5:30-6:15pm Coach Michelle	4:30-5:15pm Coach Aryam 6-6:45pm Coach Emma 6:30-7:15pm Coach Aryam	4-4:45pm Coach Emma 5-5:45pm Coach Samantha 6-6:45pm Coach Tenley	9-9:45am Coach Daria 10-10:45am Coach Tylah 11-11:45am Coach Samantha
GYM STARS 5-6 year olds	5-6pm Coach Daejah 5:30-6:30pm Coach Kameron 7-8pm Coach Stacey	5-6pm Coach Aryam 6-7pm Coach Samantha 7-8pm Coach Samantha	4:30-5:30pm Coach Michelle 5-6pm Coach Kameron 6:30-7:30pm Coach Michelle	5-6pm Coach Michelle 6:30-7:30pm Coach Kameron	4-5pm Coach Samantha 6-7pm Coach Samantha	9-10am Coach Samantha 10:30-11:30am Coach Emma 11:30am-12:30pm Coach Oxana
BEGINNER GYMNAST 7+ years old	4:30-5:30pm Coach Wayne 6:30-7:30pm Coach Tenley 7:30-8:30pm Coach Wayne	5-6pm Coach Samantha 6-7pm Coach Taylor 7-8pm Coach Stacey	5-6pm Coach Daejah 6-7pm Coach Tenley 7-8pm Coach Daejah	6-7pm Coach Thorr 7-8pm Coach Emma	4-5pm Coach Thorr 5:30-6:30pm Coach Wayne	9:30-10:30am Coach Oxana 10-11am Coach Daria
BEGINNER TUMBLING 7+ years old	6-7pm Coach Daejah 7-8pm Coach Daejah	5:30-6:30pm Coach Thorr 7-8pm Coach Aryam	6-7pm Coach Daejah 7:30-8:30pm Coach Michelle	5:30-6:30pm Coach Aryam 6-7pm Coach Michelle 7-8pm Coach Michelle	5-6pm Coach Tenley 6:30-7:30pm Coach Wayne	10:30-11:30am Coach Oxana 11am-12pm Coach Daria

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GYMNASTICS 1 7+ years old & skill-based	5-6pm Coach Kennedy 6:30-7:30pm Coach Kameron	6:30-7:30pm Coach Thorr 7:30-8:30pm Coach Thorr	5:30-6:30pm Coach Kennedy 7:30-8:30pm Coach Kennedy	7-8pm Coach Thorr	5-6pm Coach Emma 6-7pm Coach Emma	9:30-10:30am Coach Emma
TUMBLING 1 7+ years old & skill-based	4:30-5:30pm Coach Kameron 5:30-6:30pm Coach Tenley 6:30-7:30pm Coach Wayne	5:30-6:30pm Coach Wayne 7-8pm Coach Taylor	5:30-6:30pm Coach Wayne 7-8pm Coach Kameron	5-6pm Coach Thorr 5:30-6:30pm Coach Kameron	5-6pm Coach Thorr	10-11am Coach Wayne 11:30am-12:30pm Coach Emma
GYMNASTICS 2 7+ years old & skill-based	6-7pm Coach Kennedy	4:30-5:30pm Coach Thorr	6:30-7:30pm Coach Kennedy			9-10am Coach Cade
TUMBLING 2 7+ years old & skill-based	7-8pm Coach Kennedy	6:30-7:30pm Coach Wayne	6-7pm Coach Kameron 6:30-7:30pm Coach Wayne	4:30-5:30pm Coach Kameron	4-5pm Coach Tenley 6-7pm Coach Thorr	11am-12pm Coach Wayne
ADULTS 18+ years old	7:30-8:30pm Coach Tenley	7:30-8:30pm Coach Wayne	7:30-8:30pm Coach Wayne	7:30-8:30pm Coach Kameron		9-10am Coach Wayne 10-11am Coach Cade
AERIAL SILKS / SPECIALTY CLASS				<u>Aerial Silks:</u> Coach Sofia 5:30-6:30pm - 8+ 6:45-7:45pm - Advanced 8+ 8-9pm - 18+ only	<u>Aerial Silks:</u> Coach Amanda 5:30-6:30pm - 8+ 6:45-7:45pm - 8+	<u>Specialty Class</u> 11am-12pm Backhandsprings Coach Cade