



PREPARE FOR A THRILLING NIGHT
OF CHILLS AND THRILLS FEATURING
A SPOOKY OPEN GYM, A HAUNTING
ACROBATICS SHOW, AND A FANGTASTIC COSTUME CONTEST!

Click here to sign up!





410-381-7565

Open Gym Schedule (Year-Round)

No registration required, walk in only!

- Mon-Thurs, 12-1 pm \$15
- Mon-Thurs, 8-9 pm \$15
- Friday, 7:30-9:30 pm \$22
- Saturday, 2-4 pm \$22

Click <u>here</u> for more info on Open Gym.

Reminder to upstairs spectators...

We ask that you please be respectful to your fellow parents by not standing upstairs (in front, by the railing) to spectate. This makes it difficult for those behind you to see from the bleachers. Thank you!

Looking for more info?

Click here to check out the FAQ page on our website!

Makeup Classes



Missed a day due to a vacation or sickness? We got your back!

- If you need a make-up class, each student can use up to 2 make-ups per 8-week session.
- Each make up must be approved by our staff and must be completed within the same 8-week session as the missed class.
- Need to cancel or reschedule your make-up? You must do so AT LEAST 24 hours before the start time of your make up class.
- Makeup classes can be scheduled online through your customer portal account, or by reaching out to one of our office staff members to help!

To request a makeup class online: Log into your Customer Portal account, click here, then click "Request a Makeup".



BREAST Cancer AWARENESS MONTH

1 in 8 women in the U.S. will be diagnosed with breast cancer in her lifetime.

Breast cancer has touched our own family here at EAGC, which is why this cause means so much to us. All month long, we're raising funds to make a difference.

Here's how you can join us:

- Donate anytime this month @ the front office or via GOFUNDME
- Purchase a bracelet all proceeds go to research
- Attend our Open Gym
 Event 100% of profits
 will be donated





New family followers Promotion

If you recently joined our gym within the past month, we have a promotion for you!

Follow EAGC on Instagram OR Facebook: Get a \$5 credit on your Customer Portal account

Follow EAGC on Instagram AND Facebook: Get a \$10 credit on your Customer Portal account

That's right - all you have to do is give us a follow! We have an entire social media team working on fun, engaging, and informative content for our followers. We're confident that you'll enjoy our content, regardless of the financial incentive!

Links to our pages:

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Instagram (@eagcgym)

facebook (EAGC - Emilia's Acrobatics & Gymnastics)

- 1. First, follow us on Instagram and/or Facebook.
- 2. Next, email us a screenshot of your account that is newly following us, or show us that you're following us at the front desk.
- 3. Lastly, follow us for at least 8-weeks, and boom! Your credit will be applied to your Customer Portal account for you to enjoy.



Aerial Silks Class

Meekly classes held on Thursdays from 5:30 - 9 pm

Pop-up classes will be held on 10/18 Times:

> 10:00-11:00am 11:15am-12:15pm

Whether you're looking to build strength, increase flexibility, or experience the magic of flying, these classes are designed to challenge and inspire.

Register for these classes here

BURN at EAGC with Joshua Gasbarro

Saturdays 7:30-8:30 am

A Saturday morning strength training class led by professional trainer, Joshua, to jumpstart your weekend.

Every Saturday morning, drop in for an interactive, engaging, and high energy workout! Nutritional and homeworkout guidance will also be offered.

Register for these drop-in classes here



Backflip Clinic

Whether you want to learn a backflip as a beginner OR want to improve your current backflip, this class is perfect for the flippers! Anyone aged 6 or older (including adults) is welcome to join the fun!

Date: Sunday, Oct. 19th

Times: 12 - 1pm OR 5 - 6pm

Click here for online registration

These backflip clinics are always a huge hit, and always sell out fast - register while the limited spots remain available!



Schools Out Camp

Join us whenever school is out! Including gymnastics lessons, games, dancing, crafts, open gym, and most importantly... friends!

Dates: Oct. 2nd & Oct. 20th

- 1. More info on school year camps: Click here
- 2. To register: Click here
 The camps may not be in chronological order! If you don't see your desired camp, keep scrolling. :)
- 3. Click <u>here</u> for the camp paperwork (required for ALL attendees)

Our camps are SUPER popular – and space is limited! Join us for the BEST school year yet!





If you're looking for a balance between a strength-building workout, stretching, and relaxation, this class is for you! Whether you're brand new to yoga or an experienced yogi interested in a slow & deliberate flow.

Ages: 13+ years old

Register for 10/19 here.

Genevieve is also teaching weekly classes every Friday from 11 am12 pm. Register for Friday morning classes here.

full Rec Class Schedule

Click <u>here</u> for full class information. Free trials available for new students register now through our Customer Portal!

And, click <u>here</u> to register for classes.

8-Meek Session Pricing

Toddlers (walking-2 yrs) :	\$180
Preschool (3-4 yrs) :	\$190
Gym Stars (5-6 yrs):	\$190
Beginner Gymnastics (7 + yrs) :	\$195
Gymnastics 1 (7+ yrs, specific skills requi	red): \$205
Gymnastics 2 (7+ yrs, specific skills requi	red): \$210
Beginner Tumbling (7+ yrs):	\$195
Tumbling 1 (7 + yrs, specific skills required	1): \$205
Tumbling 2 (7 + yrs, specific skills required	1): \$210
Adults (18+ yrs):	\$225
Special Needs Class:	\$225
(3-6yrs and 7+ yrs students with special ne	eeds)

8-Class flex Pass Pricing

For 8 FLEXIBLE classes, add \$20 to the prices shown above

So for example, the flex pass pricing for Gymnastics 1 would be (8-week session price) \$205 + \$20 = \$225

For more info on our flex passes, click here

Meekday Daytime Class Special

ALL weekday daytime classes are now \$150 per 8-week session!

This includes ALL class options Monday-Thursday, between 10 am-2 pm.

View weekday daytime class options <u>here</u>:



BIG THANKS TO OUR PARTNERS!



Stars . Studio









ohn's Parish Day School







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READ MORE ON OUR WEBSITE



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