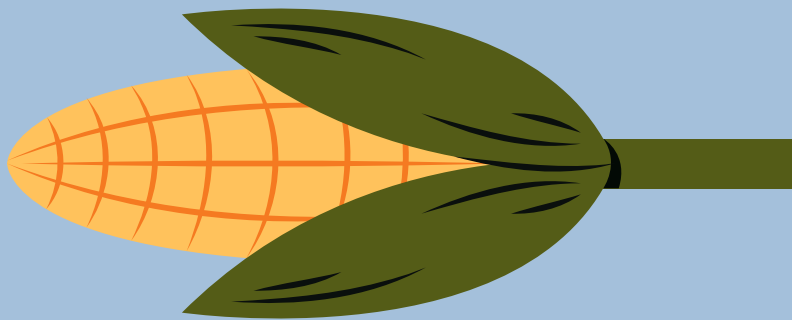
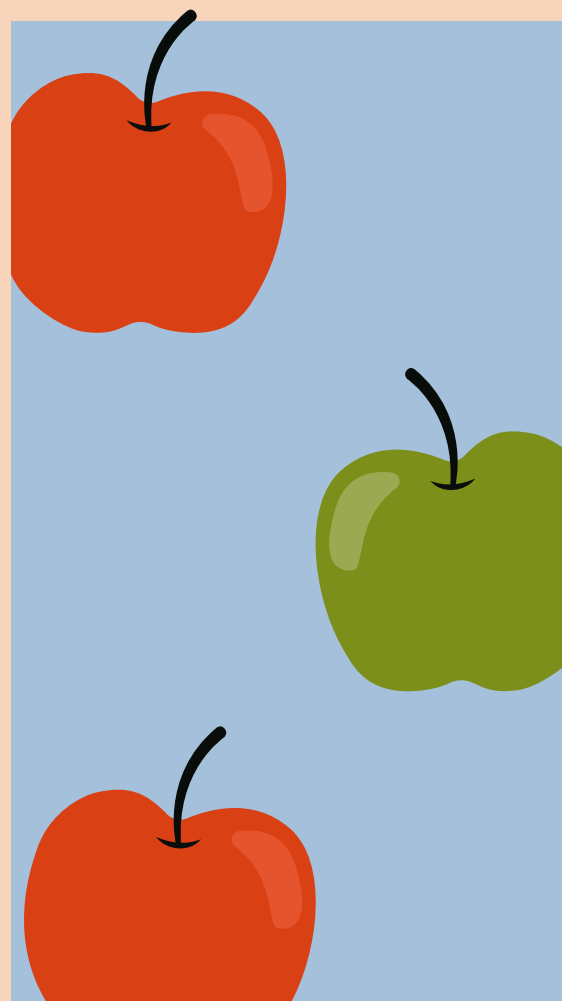
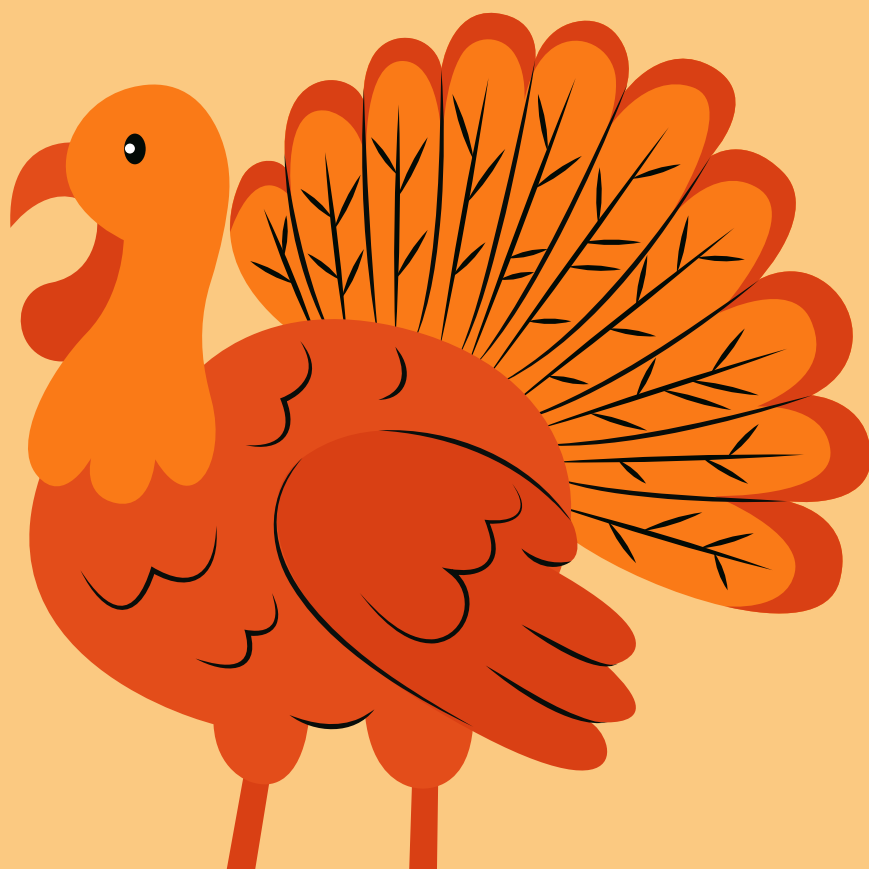




November NEWSLETTER



Current Session (55)
Dates: 10/6 - 11/30

Next Session (56)
Dates: 12/1 - 1/25

Thankful for Every Jump, Flip, and Friend



NEW FAMILY FOLLOWERS PROMOTION

If you recently joined our gym within the past month, we have a promotion for you!

Follow EAGC on Instagram OR Facebook: Get a \$5 credit on your Customer Portal account

Follow EAGC on Instagram AND Facebook: Get a \$10 credit on your Customer Portal account

That's right – all you have to do is give us a follow! We have an entire social media team working on fun, engaging, and informative content for our followers. We're confident that you'll enjoy our content, regardless of the financial incentive!

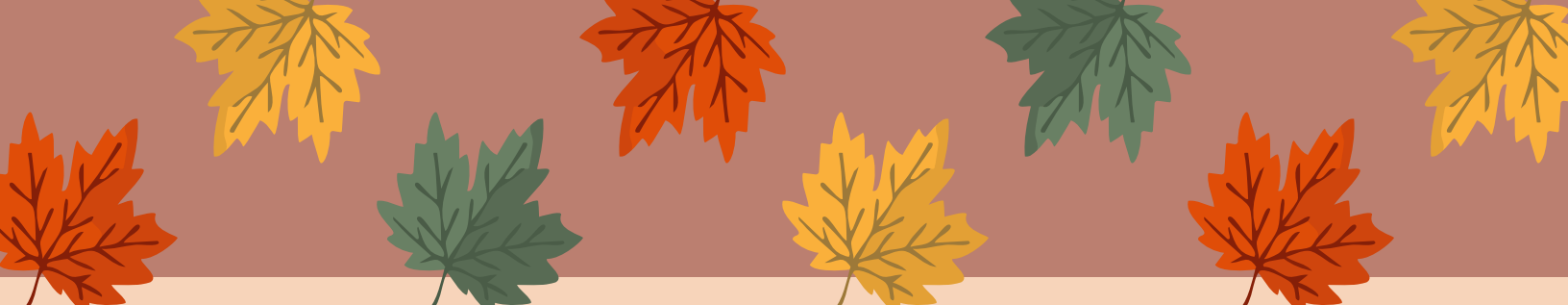
HOW TO REDEEM:

1. First, follow us on Instagram and/or Facebook.
2. Next, email us a screenshot of your account that is newly following us, or show us that you're following us at the front desk.
3. Lastly, follow us for at least 8-weeks, and boom! Your credit will be applied to your Customer Portal account for you to enjoy.

LINKS TO OUR PAGES:

[Instagram \(@eagcgym\)](#)

[Facebook \(EAGC - Emilia's Acrobatics & Gymnastics\)](#)



SCHOOLS OUT CAMP

Join us whenever school is out! Including gymnastics lessons, games, dancing, crafts, open gym, and most importantly... friends!

Dates: **Nov. 11th** **Nov. 12th**
 Nov. 24th **Nov. 25th**
 Nov. 26th **Nov. 28th**

1. More info on school year camps: Click [here](#)

2. To register: Click [here](#)

The camps may not be in chronological order! If you don't see your desired camp, keep scrolling. :)

3. Click [here](#) for the camp paperwork (required for ALL attendees)

Our camps are SUPER popular – and space is limited! Join us for the BEST school year yet!

BACKFLIP CLINIC

Date:

Sunday, Nov. 23rd

Times:

12 - 1 pm OR 5 - 6 pm

Whether you want to learn a backflip as a beginner OR want to improve your current backflip, this class is perfect for the flippers! Anyone aged 6 or older (including adults) is welcome to join the fun!

These backflip clinics are always a huge hit, and always sell out fast – register while the limited spots remain available!

Click [here](#) for online registration

BURN AT EAGC WITH JOSHUA GASBARRO

Saturdays
7:30-8:30 am

A Saturday morning strength training class led by professional trainer, Joshua, to jumpstart your weekend.

Every Saturday morning, drop in for an interactive, engaging, and high-energy workout! Nutritional and home-workout guidance will also be offered.

Register for these drop-in classes [here](#)

YOGA WITH GENEVIEVE

Fridays

11 am - 12 pm

If you're looking for a balance between a strength-building workout, stretching, and relaxation, this class is for you! Whether you're brand new to yoga or an experienced yogi interested in an intentional flow.

Ages: 13+ years old

Register for Friday morning classes [here](#).

Genevieve will also be teaching 2 pop-up classes this month!

Sunday 11/9

Sunday 11/23

8:30-9:30 am

7:30-8:30 pm

Register for the Sunday pop-ups [here](#).

AERIAL SILKS CLASSES

Thursdays

5:30 - 6:30 pm

6:45 - 7:45 pm

8:00 - 9 pm

Whether you're looking to build strength, increase flexibility, or experience the magic of flying, these classes are designed to challenge and inspire.

Register for these classes [here](#)

KIDS NIGHT OUT

November 15th

7 - 11 pm

Click [here](#) for more information

Click [here](#) to register

Click [here](#) for the Kids Night Out paperwork (required for ALL attendees).

Registrations within 24 hours of the event are subject to a \$25 late registration fee. No walk-ins permitted!

SMALL BUSINESS SATURDAY

November 29th

\$100 of EAGC Credit for \$80

Every year, EAGC families have access to wicked savings through our SBS sale. Purchase \$100 of EAGC credit for \$80 -- and this year, we're adding some new bonus deals!

You can purchase AS MANY credits as you want -- \$100 worth of credit will cost you \$80, \$200 worth of credit will cost you \$160, \$300 worth of credit will cost you \$240, and so on.

These credits WILL NEVER expire.

You can use these credits towards ALMOST ANYTHING at the gym (except private lessons and acro monthly tuition).

More details coming soon -- get ready for the BIGGEST savings of the year!



FULL REC CLASS SCHEDULE

Click [here](#) for full class information. Free trials available for new students - register now through our Customer Portal!

And, click [here](#) to register for classes.

8-WEEK SESSION PRICING

Toddlers (walking-2 yrs) :	\$180
Preschool (3-4 yrs) :	\$190
Gym Stars (5-6 yrs) :	\$190
Beginner Gymnastics (7+ yrs) :	\$195
Gymnastics 1 (7+ yrs, specific skills required) :	\$205
Gymnastics 2 (7+ yrs, specific skills required) :	\$210
Beginner Tumbling (7+ yrs) :	\$195
Tumbling 1 (7+ yrs, specific skills required) :	\$205
Tumbling 2 (7+ yrs, specific skills required) :	\$210
Adults (18+ yrs) :	\$225
Special Needs Class: (3-6yrs and 7+ yrs students with special needs)	\$225

8-CLASS FLEX PASS PRICING

For 8 FLEXIBLE classes, add \$20 to the prices shown above

So for example, the flex pass pricing for Gymnastics 1 would be (8-week session price) \$205 + \$20 = \$225

For more info on our flex passes, click [here](#)

WEEKDAY DAYTIME CLASS SPECIAL

ALL weekday daytime classes are now \$150 per 8-week session!

This includes ALL class options Monday-Thursday, between 10 am-2 pm.

View weekday daytime class options [here](#):

MAKEUP CLASSES



Missed a day due to a vacation or sickness? We got your back!

- If you need a make-up class, each student can use up to 2 make-ups per 8-week session.
- Each make-up must be approved by our staff and must be completed within the same 8-week session as the missed class.
- Need to cancel or reschedule your make-up? You must do so AT LEAST 24 hours before the start time of your make-up class.
- Makeup classes can be scheduled online through your customer portal account, or by reaching out to one of our office staff members to help!

To request a makeup class online: Log into your Customer Portal account, click [here](#), then click "Request a Makeup".

OPEN GYM SCHEDULE (YEAR-ROUND)

No registration required, walk in only!

- Mon-Thurs, 12-1 pm - \$15
- Mon-Thurs, 8-9 pm - \$15
- Friday, 7:30-9:30 pm - \$22
- Saturday, 2-4 pm - \$22

Note: Open gym will be cancelled on 11/8.

Click [here](#) for more info on Open Gym.

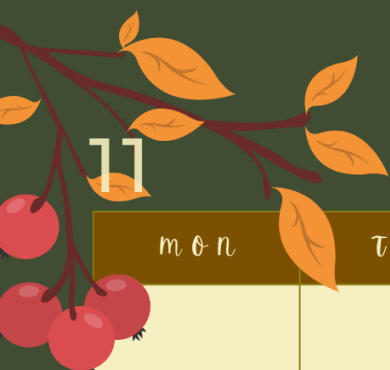
Reminder to upstairs spectators...

We ask that you please be respectful to your fellow parents by not standing upstairs (in front, by the railing) to spectate. This makes it difficult for those behind you to see from the bleachers.

Thank you!

Looking for more info?

Click [here](#) to check out the FAQ page on our website!



November

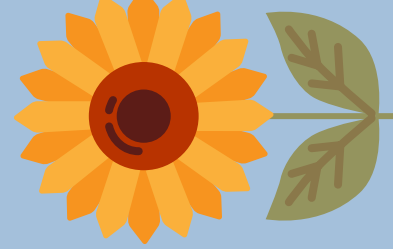


2025

mon	tue	wed	thu	fri	sat	sun
					11/1	11/2
11/3 PACHA MAMA JUICE	11/4	11/5	11/6	11/7 PACHA MAMA JUICE	11/8	11/9 YOGA W/ GENEVIEVE
11/10 PACHA MAMA JUICE	11/11 SCHOOL'S OUT CAMP	11/12 SCHOOL'S OUT CAMP	11/13	11/14	11/15 KID'S NIGHT OUT	11/16
11/17	11/18	11/19 PACHA MAMA JUICE	11/20	11/21	11/22	11/23 YOGA W/ GENEVIEVE BACKFLIP CLINIC W/ COACH TENLEY
11/24 SCHOOL'S OUT CAMP	11/25 SCHOOL'S OUT CAMP PACHA MAMA JUICE	11/26 SCHOOL'S OUT CAMP	11/27 HAPPY THANKS GIVING	11/28 SCHOOL'S OUT CAMP PACHA MAMA JUICE	11/29 SMALL BUSINESS SATURDAY	11/30



BIG THANKS TO OUR PARTNERS!



iCode



Fitness Evolution



Stars Studio



NC Repair & Remodeling



Spring Into Speech



St. John's Parish Day School



Pacha Mama Juice Co.



Vitaly Petrov
Real-Estate Agent



Small Cakes Cupcakery

Want EAGC to advertise your business? Click below to learn about our sponsorship opportunities!

[Partnerships](#)



[READ MORE ON OUR WEBSITE](#)



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