

SUN	MON	TUE	WED	THU	FRI	SAT
3/1	3/2	3/3	3/4	3/5	3/6	3/7
3/8	3/9	3/10	3/11	3/12	3/13	3/14 ACRO MEET
3/15 ACRO MEET	3/16	3/17	3/18	3/19	3/20 SCHOOLS OUT CAMP	3/21 • KID'S NIGHT OUT
3/22	3/23	3/24	3/25	3/26	3/27	3/28 FLIP CLINIC
3/29	3/30 SPRING BREAK CAMP	3/31 SPRING BREAK CAMP				



## Reminder

### Weekly Rec Class

#### 8-week session dates:

- Session 57: 1/26/26 - 3/22/26
- Session 58: 3/23/26 - 5/17/26
- Session 59: 5/18/26 - 7/12/26
- Session 60: 7/13/26 - 9/6/26
- Session 61: 9/7/26 - 11/1/26

## What's New

### Friday Night Silks Class:

#### New time slots:

- Fridays, 5:30-6:30 pm
- Fridays, 6:45-7:45 pm

### Yoga with Genevieve:

- Every Saturday
  - 7:45-8:45 am
  - \$20/participant

## Side Note...

*Links are embedded within this file.  
Any info with an underline is a clickable link!*



## Weekly Open Gym

- **Monday-Thursday:** 12-1 pm & 8-9 pm (\$15)
- **Friday:** 7:30-9:30 pm (\$22)
- **Saturday:** 2-4 pm (\$22)

## Upcoming Events

### **EAGC DAY! - 4/7/26**

Wear any EAGC shirt loud and proud on 4/7. Receive discounts from some of our partners by wearing your EAGC shirt, too!

### **Kids Night Out - 3/21/26**

- 6:30-10:30 pm
- \$45 per child
- \$25 for additional siblings!
  - Pizza, games, gymnastics, GLOW party... and, a cozy night off for the parents!

### **School's Out Camp**

Dates:

- 3/20/26
- Spring Break Camp
  - 3/30/26-4/3/26

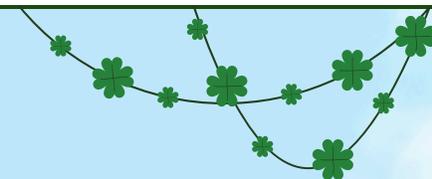
Times:

- Full Day (8:30 am-3:30 pm)
- Aftercare (3:30-6 pm)

## Clinics

### **All-Around Flip Clinic** **with Coach Skye**

- 3/28/26
- 12-1 pm
- \$25



## Contact Info

Instagram:  
[@eagcgym](https://www.instagram.com/eagcgym)



TikTok:  
[@eagcgym](https://www.tiktok.com/@eagcgym)



Facebook:  
[@EAGC](https://www.facebook.com/EAGC)





# THANK YOU TO OUR PARTNERS!



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