



JANUARY

01

2026

SUN	MON	TUE	WED	THU	FRI	SAT
				 1/1	 1/2 WINTER BREAK CAMP	1/3
1/4	1/5	1/6	1/7	1/8	1/9	 1/10 YOGA WITH GENEVIEVE
1/11	1/12	1/13	1/14	1/15	1/16	 1/17 • KID'S NIGHT OUT • BACKFLIP CLINIC
1/18	 1/19 SCHOOLS OUT CAMP	 1/20 SCHOOLS OUT CAMP	1/21	1/22	1/23	1/24
1/25	 1/26 SCHOOLS OUT CAMP	1/27	1/28	1/29	1/30	1/31

Reminders:

Weekly Rec Classes

8-week session dates:

- Session 56: 12/1/25 - 1/25/26
- Session 57: 1/26/26 - 3/22/26
- Session 58: 3/23/26 - 5/17/26

Holiday Closures:

- 12/31/25 - New Year's Eve
- 1/1/26 - New Year's Day

What's New:

Friday Night Silks Class:

New time slots:

- Fridays, 5:30-6:30 pm
- Fridays, 6:45-7:45 pm

Yoga with Genevieve:

- Saturday, 1/10/26
 - 8-9 am



happy new year

Weekly Open Gym:

- **Monday-Thursday:**
12-1 pm & 8-9 pm (\$15)
- **Friday:** 7:30-9:30 pm (\$22)
- **Saturday:** 2-4 pm (\$22)

Upcoming Events:

Kids Night Out - 1/17/26

- 6:30-10:30 pm
- \$45 per child
 - \$25 for additional siblings!
- Pizza, games, gymnastics, GLOW party... and, a cozy night off for the parents!

School's Out Camp

Dates:

- 1/2/26
- 1/19/26
- 1/20/26
- 1/26/26

Times:

- Full Day (8:30 am-3:30 pm)
- Aftercare (3:30-6 pm)

Winter Clinics:

Backflip Clinic w/ Coach Skye

- 1/17/26
- 12-1 pm
- \$25

Follow us!

Instagram:

@eagcgym



TikTok:

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Facebook:

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Side note...

*Links are embedded within this file.
Any info with an underline is a clickable link!*

THANK YOU TO OUR PARTNERS!



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Pacha Mama



Small Cakes



Prime IV



Vitaly Petrov
Real Estate



NC Repair & Remodel



Kapoo Kids



Spring into Speech



St. John's Parish Day School



Fitness Evolution

