

# Swimming Information

## Swimming Information

### Aims/Purposes

- To enable pupils to acquire basic swimming skills while they are at Scoil Naomh Fursa, Claran.
- To comply with the requirements of the Revised Curriculum in aquatics.

### Rationale

- The school has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind, the school arranges for a 6 weeks course of swimming instruction in Leisureland swimming pool for children from 3<sup>rd</sup> to 6<sup>th</sup> classes.

### Procedures Guidelines

- Each year pupils from 3<sup>rd</sup> to 6<sup>th</sup> classes will attend a 6 week session.
- The swimming pool at Leisureland has been reserved in January for 1 hour sessions with qualified instructors.
- Attendance at this course fulfils the Aquatics Module of the PE Curriculum as laid down by the Department of Education and parents defray the cost of the course and also that of the transport to and from the pool. A discrete arrangement can be made with the Board of Management if the need arises.
- All children are encouraged to participate in aquatics lessons as part of the National Curriculum.
- Pupils will be accompanied by and supervised by a class teacher on the way to the pool from the school. Pupils will travel by bus to the pool and the teachers will provide supervision before and after the swimming lesson. Pupils will return by bus back to the school and should be back by 12.30 approx.

- All children attending swimming should wear their school uniform (Swimming togs may be worn under the uniform coming to school). Girls must wear **1 piece swimming suit**, for the duration of the lessons 2 piece swimming suits are not permitted. Long hair should be platted or in a pony tail making it easier to put on swimming hats. Each child must have a suitable bag to carry his/her swimming gear (Sports bag or similar with secure zip or other fastening).
- All items brought to the pool must be clearly labelled with the child's name. This includes the bag, uniform, goggles, swimming socks, underwear and shoes.

## Health and Safety

- Children are **not** permitted to bring spray deodorants or perfumes to the swimming pool. (**spray on deodorants/perfumes aggravate chest conditions, specifically asthma, and changing areas are confined**).

Thank you for your support on this matter.

- Pupils are required to behave at all times in a manner that ensures the safety of all involved in school swimming. Pupils must obey instructor's orders at all times and comply with the School Code of Behaviour. Mobile phones or any electronic device is not permitted. This includes smart watches. As always, your support is very much appreciated in this regard.
- Parents/guardians will receive a standard letter providing information on school swimming before their child starts their swimming term.
- Teachers of all classes should remain on the viewing deck during the lesson to supervise the overall group. Pupils may need to use the toilets during the lesson.
- The pool will be provided with information regarding any child with a Special Educational Need, or medical diagnosis that may compromise their safety while swimming.