

START ANYWHERE

When you're stuck at the beginning

The problem

You think you have to start at the beginning.

You **DON'T**.

You open the work.
And immediately:

- ✓ it feels too big
- ✓ you don't know how to start
- ✓ so you don't

What to do instead

Start anywhere that feels easier.

- ✓ Not perfect
- ✓ Not logical.
- ✓ Just easier.

Why this works

Starting is the hardest part.

Once something exists:

- ✓ your brain has something to work with.
- ✓ momentum kicks in
- ✓ it becomes easier to continue

Important

Don't stop to organise it yet.
Don't fix it.
Don't make it "right."

Then build from there

- You can:
- move things around later
- rewrite properly later
- structure it later

Messy first.
Clear later.

