

SCHOOL SETUP

the basics that stop mornings falling apart

A simple setup. Every day. Less stress for everyone.

1 ONE PLACE BY THE DOOR



- ✓ School bag
- ✓ Shoes
- ✓ Water bottle

If it's not here, it's missing.

2 EMPTY THE BAG ONCE A DAY



- ✓ Take out papers
- ✓ Throw away rubbish
- ✓ Check homework
- ✓ Put back what's needed

Close the bag.

3 ONE PLACE FOR ALL SCHOOL PAPERS



No sorting.
Just one spot:

- Letters
- Notices
- Forms

Check it once a day.

4 CLOTHES READY THE NIGHT BEFORE



- ✓ Full uniform
- ✓ Socks included

Morning = get dressed and go.

5 WHAT'S DIFFERENT TOMORROW?



Say it. Show it.
If it's not visible,
it gets forgotten.

6 MORNING = NO DECISIONS

	Get dressed
	Pick up bag
	Leave

Keep it simple.
Keep it moving.



SIMPLE SETUP. SAME PLACES. EVERY DAY.
Less looking. Less asking. Less repeating. More calm.

