

EXAM BRAIN DUMP

You sit down & your brain goes blank.
Or everything is in there but you can't pull it out.

Set it up

- ✓ one blank page
- ✓ pen
- ✓ timer: 5-10 minutes)

That's it.

05:00

Set it up

- ✓ one blank page
- ✓ a pen
- ✓ timer: 5-10 minutes

That's it.

Go

Write anything you remember.

- ✓ key words
- ✓ formulas
- ✓ dates
- ✓ diagrams
- ✓ half sentences

Rules (don't break these)

- ☒ don't check your notes
- ☒ don't stop to fix
- ☒ don't erase
- ☒ don't try to be neat

This is not your work.

This is just getting it out of your head.

Rules (don't break these)

- ☒ don't check your notes
- ☒ don't stop to fix
- ☒ don't erase
- ☒ don't try to be neat

When the timer ends

Look at what you've got.

Do three things:

- ✓ circle what you **know** is right
- ✓ put a ? next to anything you're unsure about
- ✓ leave blanks where nothing came out

Now study

- ✓ Only now:
- ✓ check your notes
- ✓ fill the gaps
- ✓ fix mistakes

If it stays in your head, it stays messy.
Get it out first.

Out first.
Then fix.