

# ISO 14001 & ISO 45001

## Prerequisites

You'll learn how to interpret ISO 14001 requirements, evaluate environmental impacts, and audit your Environmental Management System (EMS) effectively. The course also introduces ISO 45001, so you can confidently assess workplace safety systems as part of your internal audit program.

With guided instruction, role play exercises, and step-by-step auditing tools, you'll practice real-world skills like planning audits, conducting interviews, identifying nonconformities, and writing reports. Training aligns with ISO 19011 auditing guidelines and includes competency-based assessments to ensure you're ready for the job.

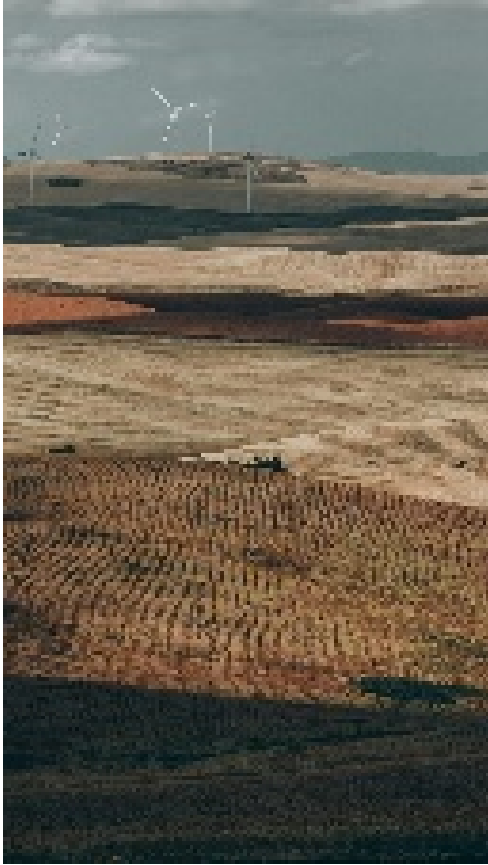
Whether you're a project team member, compliance professional, or just getting started with ISO 14001 and ISO 45001, this course equips you to contribute to both environmental performance and occupational health & safety success.

There are no required prerequisites for this training.

This ISO 14001 & ISO 45001 internal auditor training course is beneficial for both quality novices and lifetime professionals.

All students are required to bring their own printed copies of the [ISO 14001:2015](#) and [ISO 45001:2018](#) standards.

These will not be provided by NCK Industries, Inc., but most students will be able to obtain copies from their company.



## Who Should Attend

- Environmental Managers
- Health & Safety Managers
- EHS Coordinators
- Those involved in designing or maintaining an EMS or OHSMS
- Internal Auditors
- EHS Consultants
- Managers who are audited in EMS or OHSMS audits
- Anyone seeking to improve their organization's environmental and safety performance

Exemplar Global Certified Training Provider



NCK Industries, Inc. is an [Exemplar Global](#) Certified Training Provider.

Attendees successfully completing the examinations provided in conjunction with this course receive a Certificate of Attainment for these Exemplar Global knowledge competency units:

EM – Environmental Management Systems (ISO 14001)

AU – Auditing Management Systems

OH – Occupational Health & Safety Management Systems (ISO 45001)

\*The AU competency unit offered during the course are generic for all Exemplar Global-recognized Lead Auditor courses. Once they have been completed for one Internal Auditor course, they do not have to be repeated for additional courses. So, by adding the EMS and OH competency units to this training package, it allows you to get jointly certified to both standards.

\*This course is delivered by NCK Industries, Inc. in partnership with Quality Management International, Inc. Completion of this course satisfies the training requirements for certification by Exemplar Global as an internal auditor.

#### ISO 14001 & ISO 45001 Auditor Training Objectives

- Develop the knowledge and skills required to become a Lead Auditor.
- Improve your understanding of the international standard.
- Conform to the auditing practices outlined in ISO 19011.

#### Agenda

##### Day 1

Part 1: Course Introduction

Part 2: Humans and the Environment

Part 3: Test on Humans & Environment / Review

Part 4: Environmental Lingo

Part 5: Assessing Environmental Impacts

Part 6: Test on Environmental Impacts / Review

Part 7: Lunch

Part 8: Understanding ISO 14001

Day 2

Part 1: Learning Game on Pre-assignment

Part 2: Exercise: Audit Case Studies

Part 3: Test on Standard

Part 4: Lunch

Part 5: Review Test

Part 6: AU Module – Part 1. Intro to Auditing

Part 7: Test on Part 1 / Review Test

Part 8: Part 2. Preparing for an Audit

Day 3

Part 1: Test on Part 2 / Review Test

Part 2: Part 3. Conducting the Audit

Part 3: Test on Part 3 / Review Test

Part 4: Audit Role Play Exercise 1

Part 5: Lunch

Part 6: Complete Audit Role Play Exercise 1

Part 7: Part 4. Completing the Audit

Part 8: Test on Part 4 / Review Test

Part 9: Exercise: Writing Nonconformity Statements

Day 4

Part 1: ISO 45001 Course Introduction

Part 2: Hazard Identification

Part 3: Understanding ISO 45001 (Part 1)

Part 4: Lunch

Part 5: Understanding ISO 45001 (Part 2)

Part 6: Test on Standard

Part 7: Review Test & Submit Corrections

Part 8: Class Wrap-Up