

Kakadu Highlights No. 9: September 20 - October 3, 2026

List price - \$5295

For information about our advance purchase and other discounts, see our discount page, www.bushwalkingholidays.com.au/discounts

Summary. Three separate walks, any of which can be done on its own. Sections two and three include a night at Cooina and a Yellow Waters cruise.

Itinerary

Note 1 Day 0 is the day before departure.

Note 2 All itineraries may be subject to change.

Section 1 Barramundi

List price - \$1595

Day 0 **Pre-trip meeting, 6.30 p.m., Pool Side Bar & Restaurant, Hilton Gardens, 122 The Esplanade.** There are two Hiltons next door to each other. The correct one is closer to Daly Street, the taller of the two. **This meeting is important.** If you cannot make the meeting, please advise us well in advance. Both Double Tree hotels were Holiday Inns until early 2013.

Day 1 7 to 8 a.m. pick up as arranged at the pre-trip meeting.
Drive to Kakadu via Pine Creek. There will be a stop along the way to buy drinks, etc.
Begin the walk. Bush camp, carrying full packs.

Day 2-3 Bush camping, carrying full packs at times, day packs at others.

Day 4 Return to vehicles. Drive to Cooina if anyone is joining or leaving. Otherwise drive straight to Koolpin.

Section 2 Koolpin-Freezing

List price - \$2295

Day 4 Those beginning with this section catch a bus from Darwin to Cooina. See the note at the end for details.
On arrival, please wait in the open air pub and meet the group there. Due to the fact that the members of the group are finishing a walk that morning, we cannot be more specific about the arrival time than to say it will be about lunch time. Drive to Koolpin and begin walk.

Day 5-6 Bush camping, carrying full packs.

Day 7 Finish walk and drive to Cooina. Visit Burrungkuy (Nourlangie Rock) if time permits. Bistro meal and night in campground.
Opportunity to wash clothes and have hot shower. Bring towel and toiletries and money for drinks.

Day 8 6.45 a.m. Yellow Waters cruise. Section ends.
Those ending here can catch a bus to Darwin leaving mid to late afternoon. See the note at the end for details.

Section 3 Graveside

List price - \$3295

Day 7 Those beginning with this section catch a bus from Darwin to Cooina. See the note at the end for details. Meet group in the open air pub. Bistro meal and night in budget accommodation.

Day 8 6.45 a.m. Yellow Waters cruise. Drive to Graveside and begin walk.

Day 9-13 Bush camping, carrying full packs.

Day 14 Return to vehicle. Drive to Darwin. Drop off at your accommodation, late afternoon.



Piccaninny pool swim, Barramundi Creek



Looking back through Freezing Gorge



On the track to Graveside.

Now for the details

Section 1: Barramundi Creek: September 20-23

We begin with a four to six hour, 350 kilometre drive from Darwin. The last 45 kilometres is on a 4WD track which is so rough that it can take over two hours on its own. From the parking area, a relatively easy three kilometre walk ground brings us to a lovely pool and our first possible camp site.



Emerald pool swim – one of the few Kakadu waterfalls that flows all year.

When we leave the gorge, we find ourselves in a broad sandy valley. The only visible water is in a few isolated pools. All the flow is through the sand below our feet. After about five kilometres, we turn off into a side valley and suddenly find flowing water.

Another kilometre brings us to a beautiful, deep, clear, shady pool where we can relax and enjoy a swim. A short climb to the top brings us to more beautiful pools and waterfalls. We may camp near here or we may decide to push on across the plateau and down to the largest pool in the entire Barramundi system. Huge *Allosyncarpia* trees give deep shade on the wide sandy banks of the pool, another exceptional camp site.

If we have taken two days to get to this point, we will probably spend a second night there, doing another day walk without full packs. If we have taken three days, we will begin working our way back down the main valley, sometimes in the deep shade of a patch of monsoon forest, more often in the open woodland, stopping for the occasional swim along the way. Our final campsite is normally at a pool near the top of the upper gorge.

Early on the final day, we walk back to the vehicle and continue to Cooina where we drop off those finishing with this section. If no one is joining or leaving, we continue straight on to section two.

Terrain and Difficulty (more info in the general description after section four)

Overall	Level 2.
Terrain	Level 3. The first part of the walk is along a marked track. The next several kilometres are quite well defined and generally easy going although there is a bit of scrambling over river stones. Most of the terrain up to the large pool mentioned in paragraph three is fairly flat and relatively easy. There are a couple of short but steep climbs at the beginning and end.
Vegetation	Level 2-3. Mostly open woodland or open areas along the creek.
Hours	4-6 hours most days.
Packs	Pack weight - level 2. You need to carry three days food. You can probably leave your sleeping bag at home but we do recommend a well ventilated tent or mossie dome with fly.
Art	There are a few minor sites that we may visit.
Campsites	Sand or rock ledges. Excellent sites near the water. We should have them to ourselves.
Swims	Swimming is excellent. Good pools all along both creeks.
Lowlights	Possible tourist crowds at the start of the walk. Hot, sticky weather.
Highlights	Relaxing next to two of the most beautiful pools in Kakadu.
Map	1:50 000 Goodparla

Section 2: Koolpin and Freezing Gorges: September 23-27

Koolpin Gorge is beautiful. Although the waterfalls may be little more than a trickle at this time of year, the pools are always perfect for swimming. The views are a photographer's delight. Aboriginal art sites tell us that this has been a special place for thousands of years. Although the gorge is only four kilometres long, it is too good to rush. We normally take most of the day to reach our camp site near the top of the gorge.

The second day includes time for relaxing, swimming and visiting some of the



Freezing Gorge pack float

Aboriginal art sites in the hills near the gorge. On the third day, we pack up and rock hop through a series of gullies as we make our way to Freezing Gorge. Freezing Creek is much smaller than Koolpin but it has carved a deep and narrow gorge where the sun seldom reaches the water, hence the name. The pools are just as inviting as those in Koolpin, perhaps more so since very few of the 4WD campers are aware that it exists so we seldom see anyone at any point along the creek. You need to be prepared for a short pack float as the alternative to a 30 metre swim is an hour or two of strenuous rock climbing. (You can waterproof your pack by lining it with 2 garbage bags, one inside the other, and sealing them carefully.) The walk down Freezing

Creek below the gorge involves climbing over and scrambling around large boulders. A distance of about a kilometre may take two hours.

Although we do not rate this walk as difficult, the one km walk down Freezing Creek below the gorge can be a daunting experience for some people. People who have never done anything like this before may find it difficult. Progress down the creek may be quite slow.

For more information about Koolpin see www.bushwalkingholidays.com.au/koolpin.shtml

We return to the vehicle on the morning of the last full day and drive out to Cooina to meet those who are joining the trip for the third section. We then visit the Warradjan Aboriginal Cultural Centre, after which we may visit Nourlangie Rock or just relax or whatever the group wishes.

The day finishes with a bistro meal at the resort and a night in the Cooina campground. This section finishes with the 6:45 a.m. Yellow Waters Cruise the following morning. The cruise gives you the opportunity to see the wetlands wildlife at close range, far closer than you could approach on foot. The early hour ensures you see more of the wildlife than those who do the midday cruises.

Note for section 2. Some groups may do the loop in the reverse direction.

Terrain and Difficulty (more info in the general description at the end)

Overall Level 3.

Terrain Level 3. There are a few short but sharp climbs and a lot of rock hopping up the creek at Koolpin Gorge. As above, the walk down Freezing Gorge contains some serious rock scrambling.

Vegetation Level 2. Mostly open woodland, open areas along the creeks or closed canopy rainforest with relatively thin undergrowth.

Hours 4-6 hours most days.

Packs **Waterproofing.** We strongly recommend that you bring one or two strong garbage bags or something else you can use to keep your pack dry during the pack float on this section. The alternative to a 30 metre swim is a very strenuous climb.

Pack weight - level 2. You need to carry three days food.



Upper Koolpin campsite, dawn, August



Rock hopping up lower Freezing Creek. Some of the rocks are larger than these.



Dawn on Yellow Waters

Art	There are a number of interesting art sites along this route.
Campsites	Sand or rock ledges. Excellent sites near the water. We should have most or all of them to ourselves.
Swims	Swimming is excellent. Good pools along both creeks.
Lowlights	Rough 4WD drive at the beginning and end, groups of other people in lower Koolpin.
Highlights	Spectacular gorge scenery. Great pools for swimming. Aboriginal art sites.
Maps	1:50 000 Koolpin

Section 3: Graveside Area: September 26 - October 3

This section overlaps the second and includes the bistro meal, night at Coinda and Yellow Waters cruise. If seats are limited, those who have done the first section have priority.

After the cruise we bid farewell to anyone not continuing and do about a 2½ hour drive to Graveside Gorge where we begin our walk into the greatest concentration of permanently flowing creeks we have yet found in Kakadu. You see a variety of landscapes, deep gorges, beautiful swimming pools and cascades as well as a number of little known Aboriginal art sites. Our first camp is only 3½ km walk from the car park.

During the next five days, we visit Graveside Gorge, Cascades Creek and, if time permits, Gronophylum Creek.

The two main gorges at Graveside contain some of the nicest monsoon forest in Kakadu. We usually spend most of a day exploring the gorges, enjoying the shade and relaxing in and around the large pools.

Cascades Creek is noted for its many pools, cascades and Aboriginal art sites.



The pool above the main Graveside falls isn't very wide, but it is very deep.

It is so pleasant that our trip up or down the four kilometre gorge normally takes a full day. There are a few places where you have the choice of edging along narrow rock ledges (close to water level, no big drops), floating your pack through the creek, or climbing up and around. The last 500 metres alone often takes two hours or more as the deep pools and a natural water slide are much too inviting to pass by in a rush.

The loop which joins the two creeks takes us through the open woodland of the plateau and through tall paperbarks and other trees which line the creek that drains the main valley.

We may also visit Gronophylum Creek with its unusual multi-trunked palms, beautiful, sandy camp sites and deep, clear pools. The rugged landscape away from the creek is reminiscent of central Australia with its red rock and spinifex covered hills. A short, steep climb to the top of one of the hills presents you with an incredible panorama. Following the creek, you might walk three kilometres in an hour. Following a straight-line compass bearing,

the landscape is such a jumble of broken rock that walking three kilometres might take you three days.

The loop described above may be done in either direction.

On the final day, we return to the vehicle and drive back to Darwin.

Terrain and Difficulty (more info in the general description after section three)

Overall Level 3.



We often spend two nights at this or another nearby campsite – a good pool below and another one with a small cascade just above.

Terrain	Level 2-3. The terrain ranges from open woodland to narrow rainforest gorges. Parts are flat and easy. Other parts require scrambling over river stones of a variety of sizes. There are a few steep, but short climbs. You walk through almost every type of terrain that it is possible to encounter in Kakadu. The leisurely pace makes it easier than many of our other trips.
Vegetation	Level 2. Mostly open woodland or open areas along the creek. There is likely to be one section of grass covered rocks on one short section.
Hours	4-6 hours most days.
Packs	Pack weight - level 2-3. You need to carry six days food.
Art	There are a number of interesting sites along this route.
Campsites	Sand or rock ledges. Excellent sites near the water. We should have most or all of them to ourselves.
Swims	Swimming is excellent. Good pools at all campsites.
Lowlights	Very long drive from Darwin at the beginning, fairly long 4WD on the way out.
Highlights	The magical cascades and water slide on Cascades Creek. Spectacular Graveside Gorge.
Maps	1:50 000 Koolpin or 1:100 000 Jim Jim.



Cascades Creek water slide

General Terrain and Difficulty for all sections

Terrain Little or none of the walking is on a marked trail. If you have never done any off-track walking through moderately rough terrain, nothing we can say can adequately describe the experience. The photos on our website, www.bushwalkingholidays.com.au, can give you a partial picture, but they cannot substitute for the real thing. Most of those who have not had any off-track walking experience find it more difficult than those who have done it before.

Anyone who does not regularly (average twice a month) go bushwalking carrying a full pack would benefit from doing some pre-trip training. Do this and you will almost certainly enjoy the trip more than if you do not. The relatively easy nature of sections one and three means that they should suit almost anyone who meets our minimum level of fitness. Anyone who has already done section two should find that section three is easier than it would have been if they were beginning with section three.

Climate September-October is hot. The average daily maximum temperature is 36-37°C (about 97-99°F). Fortunately, the average nightly minimum is cooler at about 21-23°C (70-73°F). As the minimum temperatures have been known to drop below 15°C (about 60°F), we recommend bringing a lightweight sleeping bag. (Some people do, however, choose to replace their sleeping bag with thermals.) As long as we get an early start in the mornings, we should have plenty of time to rest during the hottest part of the day.

Although past records suggest less than a 50% chance of rain, you can get hit by an isolated storm. Bringing a lightweight tent fly will ensure you stay dry if it does happen to rain.

Wildlife Birds are always present but spread out at this time of year. You are unlikely to see many large animals. The Yellow Waters cruise is excellent for birds, many of which you are unlikely to see on the walk. It also gives you a good chance to see large estuarine crocodiles.

Fishing Not permitted on this walk.

Map The 1:250 000 Kakadu park map shows all areas.

To get a better idea where these walks go see the links below.

The Top End showing Kakadu in relation to Darwin: www.bushwalkingholidays.com.au/images/top_end_map.jpg

Kakadu National Park: www.bushwalkingholidays.com.au/images/maps/kakadu_350.jpg

Notes

For those doing section two or three, it is a good idea to have a change of clothes and a towel to take advantage of the hot showers at Cooinda. You should have enough money to pay for your drinks at the pub.

A day pack will be useful on sections one and three.

Those doing more than one section of the trip will have to carry only what they need on each section. Additional food and clothing can be left in the vehicle during the walks.

It should be possible to upgrade to a bed at Cooinda for an extra charge. Please contact us as soon as possible if you are interested in this option.

There is an excellent breakfast buffet after the cruise. Cost is \$30 or \$35. Please let us know if you'd like us to book it for you. Otherwise, bring your own.

You should keep a water bottle, your lunch and some money with you in the car during the drives to and from Kakadu as it may be difficult to get into your pack during the journey.

Kakadu Family Walk No. 3 visits the Graveside area at the same time as section three. If we have enough bookings to run both trips, they will do the loop in opposite directions. If not, the two groups will be combined.

Map. The 1:250 000 Kakadu park map shows all areas.

Cooinda

Cooinda is a resort situated in the heart of the Kakadu wetlands. This is an area noted for its wildlife — and mosquitoes. The former make it a great place to visit, the latter make it an uncomfortable place for an overnight walk. The attractions at Cooinda include the Yellow Waters cruises, the Warradjan Aboriginal Cultural Centre and a short dry season nature walk along a marked trail.

The Yellow Waters cruise provides the best way to see the wetlands and allows you to see the wetlands wildlife (especially crocodiles and birds) at close range, far closer than you could approach on foot. The early/late hour ensures that you see more of the wildlife than those who do the midday cruises. The cultural centre is a few hundred metres from the hotel and provides an insight into the lives of the Aboriginal traditional owners of the park. The nature walk offers a pleasant way to spend an hour or two, especially early in the morning or late in the afternoon.

Both the cultural centre and the hotel offer a variety of souvenirs for sale. Bring extra cash or a credit card if you think that you might wish to purchase anything beyond the drinks, ice creams and lunches that most people purchase there.

Cooinda Bus. The cost of getting to or from Cooinda is not included in the cost of the tour for those not doing the full trip. At the time these notes were written, the only option was to book a seat on an AAT Kings tour bus. If that is no longer possible, we may be able to organise transport. Please contact us well in advance if you are interested in this.

If that is not running, there may be a bus to Jabiru. If so, we can pick you up or drop you off there.



Jabiru (black necked stork) seen from the Yellow Waters cruise



Crocodile seen from the cruise boat