



Frequently Asked Questions

Where and When is the Frangipani Challenge in Darwin to be held?

The WA State Development Team (WASDT) will compete at the NT Calisthenics Frangipani Challenge held in Darwin, 26-27 September 2026 at the Darwin Entertainment Centre, Mitchell Street. Team members are expected to be in Darwin to attend training on Thursday morning 24 September.

Team Accommodation and Travel

To comply with the Sport Integrity Australia framework the team is no longer able to stay in communal accommodation. That means that team members are to travel and stay with their parent for the entire time in Darwin. If a parent is not unable to travel, it is your responsibility to organise with another parent to have care of your child for the time away. Parents are responsible to organise and pay for themselves and their child's accommodation, airfares and meals.

Who can attend the WASDT trials and how do I register?

All financial club members are encouraged to attend trials for their age group, except if the member was a part of the 2025 State Team, a representative at AusCaliCarnivale in 2025, or has been in a State Team for their current age group.

Registration is open at via this link <https://www.revolutionise.com.au/caliwa/events>

What do I wear and bring to the Trial?

Candidates should present to the trial wearing a plain black sleeveless leotard with hair neatly worn in a bun with fringe pinned back. Skin tone footless tights may be worn.

Club and previous representative training leotards, tracksuits, hair scrunchies and bags are not to be worn/taken into the trial.

Please bring a water bottle, rods, clubs and aesthetic training skirt.

Can parents/guardians or coaches watch the trials?

No, trials are closed to an audience.

Are there any workshops prior to trials?

No, all work will be taught/demonstrated at the trial.

How is the WASDT selected?

A trial panel consisting of the appointed WASDT coach and representatives from the CAWA Coaches Association and Adjudicators Association recommends candidates to the Board of Management on their performance, covering various aspects of calisthenic work.

The final selection of the team is decided by the Board. Criteria for successful selection include aspects of calisthenics ability, development, work ethic, social compatibility and overall suitability based at the trial.

Successful candidates are informed of their selection on the CAWA website within 3 days after the trial.

When will the WASDT Train?

WASDT trainings commence 24 May 1:00 – 4:00pm for both teams at Como Secondary College. Attendance at every training session and is compulsory.

What if I need to be absent from training?

Team members must attend each training session. Notice of training dates and times is made available in advance. Team members may request time off from one training session for an important occasion such as a school event, work commitment or religious ceremony. Requests must be submitted to the WASDT Manager and approval must be granted prior to the absence.

What if I have a holiday planned?

At the time of registering for team selection any known holiday must be declared. Such information will be taken into consideration when the team is selected. Team members who take holidays away from training during the WASDT year and have not advised this prior to selection will be deemed to be in breach of the Code of Conduct.

Can I watch my child train?

Training sessions are closed to viewing; however, coaches may open the class on occasions for family to watch a training concert.

Are parents expected to help?

Yes. It is expected that each team member will have the support of their parent/guardian to take on small tasks as directed. Each week a parent is rostered on stay at class to provide support as needed.

How are coaches and team personnel appointed?

Coaches apply for their position and are employed by the CAWA Board of Management.

Personnel undertake their roles as volunteers and devote many unpaid hours at training sessions, working behind the scenes and taking annual leave from their employment to ensure the teams' needs are well met during the competition week.

Where will the team stay during the Frangipani Challenge?

Team members will stay with their parents. Personnel will be staying in a hotel in the CBD close to the theatre.

What uniforms are required?

Team members are required to purchase and wear the official WASDT apparel when attending class and when travelling with the team. The uniform comprises of an official hoodie, polo shirts, shorts and sneakers. Training leotards will be made for all teams. Parents are requested to attend the uniform fitting session held at training on 7 June to fit their child.

How much will the WA State Development Team experience cost?

Major expenses to be incurred are estimated at approximately \$1500 and include venue hire, personnel costs, costumes, competition tickets, competition video, equipment.

Additional expenses may include dance shoes, team photos and uniforms. Airfares and accommodation costs are to be booked and paid for by parents.

A deposit of \$500 is payable at the first class and periodical payments for the balance are advised by the WASDT. Non-financial members will not be permitted to travel with the team.

Can I commit 100% to the program?

If you feel that you are unable to meet all the WASDT requirements such as attendance at all compulsory training sessions, travelling to Darwin to compete at the Frangipani Challenge, and complying to policy, then being involved in a WASDT may not be for you.

If selected, members should consider their place in the team carefully. Parents also need to understand the commitment necessary to be involved in the team. If you have any concerns regarding the WASDT program, do not hesitate to contact the WASDT Manager.

Where can I find out more information about WA State Development Team?

Please visit the CAWA website for further information on policies, codes of conduct, and much more. You're also welcome to contact the WASDT via email wasdt@calisthenicswa.com.au