

**Calisthenics Association of Western Australia**  
**2023 State Championship Results**

**Sub-Junior All Grades 3/4/5/6/7**  
**Results**

**SUB-JUNIOR 3**

Place	Club Swinging	Rod Exercises	Free Exercises	Aesthetic	Stage Medley
1st	Hills District 3	Riverton 3	Riverton 3	Riverton 3	Applecross 3
2nd	Riverton 3	West Coast 3	West Coast 3	Hills District 3	Riverton 3
3rd	West Coast 3				
4th	Applecross 3	Applecross 3	Applecross 3	Applecross 3	West Coast 3
	Carine 3	Hills District 3	Hills District 3	West Coast 3	Hills District 3

**SUB-JUNIOR 4**

Place	Club Swinging	Rod Exercises	Free Exercises	Aesthetic	Stage Medley
1st	Riverton 4	Applecross 4	Hills District 4	Riverton 4	West Coast 4
		Riverton 4	Riverton 4		
2nd	Applecross 4	West Coast 4	Applecross 4	West Coast 4	Riverton 4
			West Coast 4		
3rd	West Coast 4	Hills District 4	Carine 4	Applecross 4	N/A
4th	Hills District 4	Carine 4	Phoenix 4	Hills District 4	N/A
5th		Phoenix 4			N/A

**SUB-JUNIOR 5/6/7 RESULTS**

Place	Club Swinging	Rod Exercises	Free Exercises	Aesthetic	Stage Medley
1st	Riverton 5	Applecross 5	Applecross 5	Riverton 5	Applecross 5
2nd	West Coast 5	Hills District 5	West Coast 5	Applecross 5	Riverton 5
3rd	Applecross 5	Riverton 5	Hills District 7	Hills District 5	Hills District 5
				Hills District 6	
4th	Riverton 6	West Coast 5	Hills District 6	West Coast 5	Riverton 6

**2023 Sub-Junior 3/4/5/6/7 Coaches**

Applecross	Fiona Hutchison
	Laura Bendlin & Holly Rawlin-Smith
Athena	Saskia Zappia
Carine	Olivia Dragun
Hills District	Kristy Gosling
	Asha Davey
	Jessica Kirkham
	Amber Hymus
	Olivia Gibson
Phoenix	Lilly Donaldson
	Hayley Pollard
Riverton	Jasmine Raftos
	Miranda Radford
	Hannah Chew
West Coast	Amy Johnson
	Delilah Pang
	Jazmin Dongray
	Millie Hunt
	Lauren Cangemi

**Sub-Junior 'A' Grade Division 1**

Place	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
1st	1st	5th	1st	1st	1 <sup>st</sup>	1st	West Coast 1	Gemma Kennedy
2nd	2nd	1st	2nd	2nd	2 <sup>nd</sup>	2nd	Riverton 1	Kirsty Johnson & Elysse Seet
	3rd	2nd	3rd	4th	3 <sup>rd</sup>	3rd	Athena 1	Melissa Hoppenbrouwers
	3rd	4th	2nd	3rd	5 <sup>th</sup>	4th	Applecross 1	Brooklyn Ballard & Sophia Savaris
	3rd	3rd	4th	5th	4 <sup>th</sup>	5th	Hills District 1	Kristina Readhead

**Sub-Junior 'A' Grade Division 2**

Place	March	Clubs	Rods	Free	Aesthetic	Club	Coach
1st	1st	2nd	1st	1st	1st	West Coast 2	Chantel Murrowood
2nd	3rd	1st	2nd	4th		Hills District 2	Hannah Gibson & Lesley Law
3rd	1st	3rd	2nd	5th	2nd	Applecross 2	Hannah Stapleton
			5th	3rd	4th	Athena 2	Melissa Sarti
	1st	3rd	4th	2nd	3rd	Hills District 2A	Hannah Gibson & Lesley Law
	2nd		3rd	5th	5th	Riverton 2	Lilli McAuliffe & Rebecca Leguier
	4th	4th	5th	3rd		Riverton 2A	Kirsty Johnson & Elysse Seet
						West Coast 2A	Kaiya O'Brien

**Sub-Junior 'B' Grade Division 1**

Aggregate	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
1st	2nd	3rd	1st	2nd	1st	1st	Imperial 1	Pam Bartlett & Natalie Trew
2nd	3rd	1st	3rd	1st	2nd	1st	Mandurah 1	Renee Flynn
3rd	1st	2nd	2nd	4th	4th	2nd	Carine 1	Ella Palladino
	4th	4th	5th	5th	3rd	3rd	Phoenix 1	Jill Pollard
	5th	1st	4th	3rd	3rd	3rd	Quinns 1	Karla Thompson

**Calisthenics Association of Western Australia**  
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**Sub-Junior 'B' Grade Division 2**

Aggregate	Clubs	Rods	Free	Aesthetic	Fancy	Coach	
<b>1st</b>	2nd	1st	1st	3rd		Carine 2	Jessica Wiltshire
<b>2nd</b>	1st	3rd	3rd	1st	1st	Quinns 2	Elise Scarlett
<b>3rd</b>	3rd	2nd	2nd	2nd		Mandurah 2	Ashleigh Berengeur
	4th	4th	4th			Imperial 2	Pam Bartlett & Natalie Trew
	4th					Phoenix 2	Rebecca Murrowood
	5th			4th	2nd	Quinns 2A	Aphreal Evans

**Sub-Junior 'C' Grade Division 1**

Aggregate	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	1st	1st	1st	1st	1st	1st	Rockingham 1	Rochelle Vrossink
<b>2nd</b>	2nd	3rd	2nd	2nd	2nd	4th	Aurora 1	Mackenzie Bauld & Layla Hart
<b>3rd</b>	3rd	2nd	3rd	3rd	3rd	2nd	Majestic 1	Laura Atkins
	4th	4th	4th	4th	4th	3rd	Stellar 1	Rebecca Lange

**Sub-Junior 'C' Grade Division 2**

Aggregate	March	Clubs	Rods	Free	Aesthetic	Fancy	Coach	
<b>1st</b>	2nd	1st	2nd	1st	1st	1st	Rockingham 2	Emma Faulkner
<b>2nd</b>	4th	2nd	5th	2nd	2nd	2nd	Majestic 2	Jade Moyle
<b>2nd</b>	1st	3rd	4th	3rd	3rd		Majestic 2A	Laura Atkins
<b>3rd</b>	3rd	4th	3rd	4th	4th		Aurora 2	Layla Hart
		2nd	1st	2nd			Rockingham 2A	Joelle Cranston

**Junior 'A' Grade Division 1**

Place	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	2nd	3rd	1st	1st	1st	1st	West Coast 1	Ashley Schroeder
<b>2nd</b>	1st	1st	2nd	2nd	3rd	3rd	Applecross 1	Tiffany Colbran
<b>3rd</b>	1st	2nd	3rd	3rd	2nd		Riverton 1	Jessica Highland & Rhiannon Boseley
	4th				5th		Athena 1	Stephanie Dragun
	3rd	4th	4th	4th	1st	2nd	Hills District 1	Courtney Colbran
	5th				4th	4th	Imperial	Natalie Trew and Cassandra Smith

**Junior 'A' Grade Division 2**

Place	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	2nd	1st	1st	2nd	1st	1st	Applecross 2	Samantha Scott
<b>2nd</b>	1st	3rd	2nd	1st	2nd	2nd	West Coast 2	Nikki Adams
<b>3rd</b>	1st	2nd	3rd	5th	3rd		Riverton 2	Chantel Murrowood
		3rd			5th		Applecross 2A	Louise Shandley-Jones
	2nd	4th			3rd	4th	Athena 2	Chelsea D'Arachy
					4th		Hills District 2	Ebony Schulz-Doherty
					4th		Hills District 3	Natalie Byass
			4th	4th			Imperial 2	Natalie Trew and Cassandra Smith
							West Coast 3	Annabella Naumoski

**Junior 'B' Grade Division 1**

Aggregate	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	1st	1st	1st	2nd	2nd	1st	Mandurah 1	Samantha Bariteaud & Jasmin Brown
<b>2nd</b>	2nd	2nd	2nd	1st	1st	2nd	Carine 1	Kristy Gosling
<b>3rd</b>	4th	3rd	3rd	4th	3rd	3rd	Phoenix 1	Lauren Marchant & Claudia Menlove
<b>3rd</b>	3rd	3rd	4th	3rd	3rd	4th	Quinns 1	Braidy Allen & Faith Tolley
		4th	5th	5th	4th		Carine 2	Olivia Stevens

**Junior 'C' Grade Division 1**

Aggregate	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	1st	2nd	2nd	1st	2nd	1st	Aurora 1	Emily Truswell & Layla Hart
<b>1st</b>	2nd	1st	1st	2nd	1st	2nd	Rockingham 1	Shauna Pearson
<b>2nd</b>	3rd	3rd	3rd	3rd	3rd	3rd	Stellar 1	Shannon Panizza
<b>3rd</b>	3rd	3rd	4th	4th	4th	4th	Majestic 1	Laura Atkins

**Calisthenics Association of Western Australia**  
**2023 State Championship Results**

**Intermediate 'A' Grade Division 1**

Place	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	2nd	1st	2nd	1st	1 <sup>st</sup>	1st	Applecross 1	Natalie Scott & Caleigh Faulkner
<b>2nd</b>	1st	2nd	3rd	3rd	1 <sup>st</sup>	3rd	Riverton 1	Nerida Smith, Tahni Green & Kaitlen Daikin
<b>3rd</b>	3rd	4th	1st	2nd	2 <sup>nd</sup>	4th	West Coast 1	Tarryn Kluge
	5th	3rd	4th	4th	4 <sup>th</sup>	2nd	Athena 1	Saskia Zappia
	4th	5th	5th	5th	3 <sup>rd</sup>	5th	Hills District 1	Natalie Byass

**Intermediate 'A' Grade Division 2**

Place	Clubs	Rods	Free	Aesthetic	Club	Coach
<b>1st</b>	1st	2nd	1st	1 <sup>st</sup>	West Coast 2	Jaimee Adams
<b>2nd</b>	2nd	1st	2nd		Riverton 2	Nerida Smith, Tahni Green & Kaitlen Daikin
<b>3rd</b>	3rd	4th	3rd	2 <sup>nd</sup>	Hills District 2	Jessica Shaw
	4th	3rd	4th	1 <sup>st</sup>	Applecross 2	Jennifer Thomson

**Intermediate 'B' Grade Division 1**

Place	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	1st	3rd	2nd	1st	1 <sup>st</sup>	3rd	Imperial 1	Breanna Knight & Cassandra Smith
<b>2nd</b>		1st	1st	4th	2 <sup>nd</sup>	1st	Phoenix 1	Kate Campbell
<b>3rd</b>	2nd	2nd	4th	2nd	3 <sup>rd</sup>	2nd	Carine 1	Claire Southall
		5th					Majestic 1	Jade Moyle
	3rd	3rd	3rd	3rd	4 <sup>th</sup>	4th	Mandurah 1	Bronte O'Kane
	4th	4th					Rockingham 1	Casey Ashby

**Senior 'A' Grade Division 1**

Place	March	Clubs	Rods	Free	Aesthetic	Fancy	Club	Coach
<b>1st</b>	1st	1st	1st	1st	1st	1st	Applecross 1	Hayley Britton & Lisa Savaris
<b>2nd</b>	2nd	2nd	2nd	2nd	3rd	2nd	West Coast 1	Kara Savage
<b>3rd</b>	3rd	3rd		3rd	2nd	1st	Athena 1	Katherine Turner
	4th	4th	4th	3rd	4th	3rd	Hills District 1	Natalie Byass & Trish Robinson
							Mandurah 1	Samantha Bariteaud
							Phoenix 1	Alice Fawcett
			3rd	4th		4th	Riverton 1	Gemma Jahn & Nerida Smith

**Senior 'A' Grade Division 2**

Place	Clubs	Rods	Free	Aesthetic	Club	Coach
<b>1st</b>	2nd	1st	1st	2nd	West Coast 2	Danica Annandale
<b>2nd</b>	1st	2nd	3rd	1st	Applecross 2	Claire Pilsworth
<b>3rd</b>	3rd	3rd	2nd	3rd	Hills District 2	Natalie Dyson & Jessica Moore