

Knee arthritis? What are your options?

Arthritis of the knee currently affects approximately 8.5 million people in the UK, with one in five adults over 45 having symptoms that affect their daily life

Symptoms can range from intermittent discomfort and an occasional knee swelling at lower intensities to constant pain with marked joint deformity, stiffness, instability and resultant falls at higher intensities. So how does one know if the early symptoms of possible knee arthritis need treatment? Is there anything that



can be done to prevent or slow down progression of knee arthritis? What are the latest treatment developments?

Mr Owen Wall is a nationally recognised consultant knee surgeon with 24 years of experience. His NHS practice is in Leeds and he offers private services locally and nationally. His NHS practice allows him to be part of ground-breaking clinical research with cutting-edge technology, which studies the results of stem-cell manipulation via keyhole surgery in treating early arthritis of the knee. Mr Wall specialises in treating patients with both simple and more complex knee problems. His focus is to provide each patient with an accurate diagnosis and a tailored, individualised treatment plan centred around their goals and expectations.

Below, Mr Wall explains how treatment for knee arthritis looks set to develop over the next decade:

“Over the past 15 to 20 years, multi-million-pound investment from national charities and private companies has been made with the singular goal of trying to prevent or



Great gains have been made and there are now techniques available that can manipulate stem cells in the knee to restore damaged cartilage

treat early arthritis in the hope of avoiding knee replacement surgery. Great gains have been made and there are now techniques available that can manipulate stem cells in the knee to restore damaged cartilage, thereby possibly negating the need for knee replacement. I'm in no doubt that the next decade will see these techniques become an established treatment for arthritis of the knee, helping to bridge the gap before existing treatments, such as partial and total knee replacement, need to be utilised. Every patient has unique and personal expectations, therefore it's imperative to provide a complete consultation with access to cutting-edge diagnostics that helps formulate a bespoke solution.”



Get in touch

To book an appointment with Mr Wall,
Visit: leedskneeclinic.com
T: 0113 3882009 or 07943 938811
E: owenrwall@leedskneeclinic.com
Instagram: [theleedsknee](https://www.instagram.com/theleedsknee) Twitter: [@kneedoc74](https://www.twitter.com/@kneedoc74)

