

SUPPORTPLUS

from ACM

Practical help to make
life easier, delivered with
care and professionalism.

We know that a little support
can make a big difference.

Our SupportPlus team can help with:



Cleaning

Keeping your home comfortable and welcoming



Laundry & Ironing

Fresh clothes, taken care of



Shopping Support

From making lists to carrying bags home



Assisted Trips to Medical Appointments

Reliable help to get you there and back safely



Companionship & Sitting Service

Friendly company and reassurance for you or a loved one

All services are delivered by trusted staff, giving you peace
of mind and the extra support you need to stay independent.

Cost:
£23 per hour
+ travel

To arrange your SupportPlus service:

Call: 01443 490650

Email: SupportPlus@acmorgannwg.org.uk

Visit: www.acmorgannwg.org.uk/support-plus

Age Connects Morgannwg,
Seymour Street, Aberdare,
CF44 7BD

SUPPORTPLUS

from ACM

Cymorth ymarferol i wneud
bywyd yn haws, wedi ei ddarparu
gyda gofal ac yn broffesiynol.

Gwyddom y gall ychydig bach o
gefnogaeth wneud gwahaniaeth mawr.

Gall ein tîm **SupportPlus** helpu gyda'r canlynol:



Glanhau

Cadw eich cartref yn gyfforddus ac yn groesawgar



Golchi dillad a smwddio

Gofalu am ddarparu dillad glân



Cymorth i siopa

O lunio rhestrau i gario bagiau adref



Cymorth gyda theithiau i apwyntiadau meddygol

Cymorth dibynadwy i'ch cael chi yno ac yn ôl yn ddiogel



Gwasanaeth cadw cwmni ac eistedd gyda phobl

Cwmni cyfeillgar a sicrwydd i chi neu i un o'ch anwyliaid

Darperir yr holl wasanaethau gan staff y gellir ymddiried
ynddynt, gan roi tawelwch meddwl i chi a'r cymorth
ychwanegol sydd ei angen arnoch i aros yn annibynnol

Cost:
£23 yr awr
+ theithio

Er mwyn trefnu eich gwasanaeth SupportPlus:

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