

GROSS MOTOR SKILLS	FINE MOTOR SKILLS	SPEECH
AGE 0-11 MONTHS <ul style="list-style-type: none"> <input type="checkbox"/> Bears weight on forearms when on belly <input type="checkbox"/> Plays with their feet <input type="checkbox"/> Holds head in midline <input type="checkbox"/> Rolls from back to side <input type="checkbox"/> Sits alone for short periods <input type="checkbox"/> Begins to belly crawl <input type="checkbox"/> Crawls independently <input type="checkbox"/> Rolls back to belly and belly to back <input type="checkbox"/> Grabs feet and brings them to their mouth <input type="checkbox"/> Brings hands together when laying on back <input type="checkbox"/> Props up with straight elbows on belly <input type="checkbox"/> Sits with hands free for at least 60 seconds <input type="checkbox"/> Pulls to stand from floor <input type="checkbox"/> Walks with 2 hands held AGE 1 YEAR <ul style="list-style-type: none"> <input type="checkbox"/> Walks along furniture <input type="checkbox"/> Transitions from sit to stand and stand to sit <input type="checkbox"/> Stands all by themselves, without holding onto anything <input type="checkbox"/> Crawls on hands and knees <input type="checkbox"/> Corrals ball with arms and hands in seated position <input type="checkbox"/> Gets into and out of sitting while playing on the floor <input type="checkbox"/> Can move from sitting on the floor to standing and standing to the floor without falling 	AGE 0-11 MONTHS <ul style="list-style-type: none"> <input type="checkbox"/> Reaches for toys <input type="checkbox"/> Grasps rattle when placed in hand <input type="checkbox"/> Hits dangling objects with hands <input type="checkbox"/> Responds to a smile with a smile <input type="checkbox"/> Holds hands open at least ½ of the time <input type="checkbox"/> Releases object intentionally <input type="checkbox"/> Passes an object between hands <input type="checkbox"/> Waves bye-bye <input type="checkbox"/> Likes looking at human faces most <input type="checkbox"/> Smiles at self in mirror <input type="checkbox"/> Puts fingers in mouth <input type="checkbox"/> Holds, shakes, and bangs toys on floor <input type="checkbox"/> Feeds self finger foods AGE 1 YEAR <ul style="list-style-type: none"> <input type="checkbox"/> Grasps a thick crayon or pencil <input type="checkbox"/> Turns a page in a cardboard book <input type="checkbox"/> Pulls off shoes <input type="checkbox"/> Feeds self finger foods <input type="checkbox"/> Puts objects into others, such as will drop blocks into a bowl or bucket <input type="checkbox"/> Cooperates with dressing and undressing by straightening arm to put it into a sleeve and bending their arm to take it out of the sleeve. 	AGE 0-11 MONTHS <ul style="list-style-type: none"> <input type="checkbox"/> Sucks from breast or bottle <input type="checkbox"/> Babbles using different sounds <input type="checkbox"/> Produces a variety of facial expressions <input type="checkbox"/> Cooing: vowel sounds <input type="checkbox"/> Responds to “no” <input type="checkbox"/> Introduced to drink from a cup <input type="checkbox"/> Tolerates mashed or soft foods <input type="checkbox"/> Makes sounds while eating food in mouth <input type="checkbox"/> Moves chewed foods to center of mouth before swallowing <input type="checkbox"/> Vocalizes different syllables AGE 1 YEAR <ul style="list-style-type: none"> <input type="checkbox"/> Waves bye bye <input type="checkbox"/> Babbles using different sounds <input type="checkbox"/> Eats coarsely chopped food <input type="checkbox"/> Takes turns vocalizing <input type="checkbox"/> Points or gestures (for example, will raise their arms if they want to be held)

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AGE 2 YEARS <ul style="list-style-type: none"> ___ Walks independently with arms at side ___ Stoops down to pick up a toy and returns to standing ___ Jumps down off low surface, such as curb at the park ___ Jumps forward about 4 inches ___ Goes up stairs without using a rail, placing both feet on each step ___ Throws a ball 3 feet in air ___ Throws a ball while maintaining balance ___ Walks backward 5 steps ___ Kicks a ball 3 feet forward without direction ___ Rides a push bike (bike without pedals) AGE 3 YEARS <ul style="list-style-type: none"> ___ Walks up stairs without using a rail, placing one foot on each step ___ Ride a tricycle ___ Hops 3 times on each foot ___ Kicks a large ball towards a target ___ Jumps down about 24 inches ___ Jumps forward about 24 inches ___ Can catch a big ball ___ Can throw underhand ___ Stands on one foot for 3 seconds ___ Slides down a slide at the playground ___ Climbs well on a jungle gym 	AGE 2 YEARS <ul style="list-style-type: none"> ___ Drinks from regular open cup that does not have a lid or spout ___ Drinks from a straw using lips ___ Uses play dough, paint and paper ___ Looks at picture books by themselves ___ Zips and unzips zippers if someone latches it for them to get them started ___ Takes off their own clothes ___ Scribbles without going off of the paper ___ Builds a block tower, 4-6 blocks high ___ Turns a container to dump contents ___ Turn a small knob ___ Gets spoon in mouth right side up ___ Puts large round pegs into pegboard AGE 3 YEARS <ul style="list-style-type: none"> ___ Hand preference is established ___ Imitates drawing a vertical line ___ Put square, round, and triangular shapes into board ___ Washes hands by self ___ Stacks 7-8 small blocks ___ Grasps a pencil with thumb and fingers instead of fist ___ Screws and unscrews jar lids ___ Eats with a fork (with spillage) ___ Pours accurately from one container to another ___ Spontaneously draws strokes, dots, circles ___ Completes a simple 3 piece puzzle ___ Can dress and undress with loose clothing and with help to get the clothing facing the correct way ___ Makes small cuts with scissors 	AGE 2 YEARS <ul style="list-style-type: none"> ___ Uses 2 word phrases regularly, such as "car go", "more milk" ___ Demonstrates verbal turn taking ___ Has at least 100 words ___ Is understood by listeners 25-50% of the time ___ Follows simple 2 step commands, such as "pick up your ball and put it in the toybox" ___ Eats table foods with different textures such as, cut up green beans, small pieces of chicken, and pasta ___ Responds to "yes"/"no" ___ Uses 10-20 words ___ Can name at least 5 items AGE 3 YEARS <ul style="list-style-type: none"> ___ Has about 1000 words ___ Converses in sentences ___ Ask questions, such as "What is that? Where did mommy go?" ___ Responds to "what" and "where" questions ___ Understood by listeners 75% of the time ___ Chews and swallows most adult foods including steak and raw veggies ___ Responds to greetings ___ Gives first name ___ Identifies object by function ___ Uses 2 - 4 word utterances ___ Follows 3 step verbal commands, such as "pick up your blanket, take it upstairs and put it on your bed"

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AGE 4 YEARS <ul style="list-style-type: none"> ___ Walks downstairs without using a rail, placing one foot on each step ___ Stands on each foot for 5 seconds with their hands on their hips ___ Jumps forward about 30 inches ___ Hops 5 times on each foot ___ Rides a 2-wheeled bike with training wheels ___ Walks backwards on a line for over 4 feet ___ Climbs well on a jungle gym AGE 5 YEARS <ul style="list-style-type: none"> ___ Completes sit ups ___ Able to skip, alternating feet ___ Completes jumping jacks ___ Completes push-ups ___ Begins to jump rope ___ Throws a ball to hit a target ___ Climbs well on a jungle gym ___ Performs somersaults ___ Can swing without being pushed, can pump legs to keep it going 	AGE 4 YEARS <ul style="list-style-type: none"> ___ Puts shoes (does not yet tie) on correctly ___ Colors almost entirely within lines of circle ___ Copies a cross ___ Draws a person with 3 different body parts ___ Dresses and undresses without much help ___ Completes an easy puzzle ___ Cuts paper in half with scissors on a mostly straight line ___ Buttons and unbuttons quarter inch buttons, like a button down shirt AGE 5 YEARS <ul style="list-style-type: none"> ___ Copies and cuts a square ___ Copies color/shape sequence ___ Latches and zips the zipper on their coat ___ Traces around own hand with crayon ___ Completes simple dot to dot pictures ___ Able to copy a couple letters ___ Puts socks on correctly 	AGE 4 YEARS <ul style="list-style-type: none"> ___ Uses at least 1500 words ___ Uses 4-5 word sentences ___ Understood by listeners 80% of the time ___ Understands time concepts of now/later, before/after, first/then ___ Uses contractions, such as don't ___ Follows multi-step directions, such as "go upstairs, brush your teeth, put on your jammies and pick out a book" ___ Chews and swallows most adult foods including steak, raw veggies ___ Asks many questions including "who" and "why" AGE 5 YEARS <ul style="list-style-type: none"> ___ Uses a variety of sentences and can tell a story ___ Has a vocabulary of 2000 words ___ Chews and swallows adult foods ___ Understood by listeners 90-100% of the time ___ Ask questions to get more information ___ Uses most speech sounds correctly, except the "th" and "r" sounds ___ Uses contractions, such as don't and can't ___ Follows multi-step directions, such as "go upstairs, brush your teeth, put on your jammies and pick out a book"

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AGE 6 YEARS <ul style="list-style-type: none"> ___ Is able to skip, alternating feet ___ Completes jumping jacks ___ Completes push-ups ___ Begins to jump rope ___ Throws a ball to hit a target ___ Climbs well on a jungle gym ___ Performs somersaults ___ Can swing without being pushed, can pump legs to keep it going ___ Rides a 2-wheeler without trailer wheels ___ Completes sit ups 	AGE 6 YEARS <ul style="list-style-type: none"> ___ Dresses and undresses self ___ Reads and writes numbers 1-10 ___ Writes first and last name ___ Ties shoes ___ Draws a person with 6 different body parts ___ Colors within the lines ___ Opens zip lock bags and food wrappers ___ Cuts out simple shapes with scissors 	AGE 6 YEARS <ul style="list-style-type: none"> ___ Uses a variety of sentences and can tell a story ___ Has a vocabulary up to 7000 words ___ Chews and swallows adult foods ___ Understood by listeners 90-100% of the time ___ Ask questions to get more information ___ Uses most speech sounds correctly ___ Uses contractions, such as wouldn't, don't and can't ___ Follows multi-step directions ___ Engages in play with others ___ Understands time concepts today tomorrow, yesterday) ___ Uses pronouns correctly
SENSORY – ALL AGES		
<p>Please check all that apply considering the appropriate behavior for your child's age. For a full sensory screening, please contact our office.</p>		
<ul style="list-style-type: none"> ___ Cries during bath time or refuses to take a bath ___ Avoids messy play ___ Cries or fights when I try to brush their hair or teeth ___ Avoids being held or snuggled ___ Becomes easily upset, compared to other children their same age ___ Frightened by typical sounds such as the vacuum or a toilet flushing ___ Has a limited diet for their age 	<ul style="list-style-type: none"> ___ Not able to calm down easily after being upset ___ Unable to sit down to perform an activity, look at a book, or play a game ___ Avoids climbing and exploring at the playground ___ Avoids looking at you or others in the eye when being spoken to ___ Is not cooperative for thier age ___ Grinds their teeth ___ Refuses to try new foods 	<ul style="list-style-type: none"> ___ Has difficulty with changes in routine, such as Dad is picking them up from school today instead of mom ___ Avoids wearing different types of clothing textures ___ Gets dizzy or car sick easily ___ If 2 years old and older: refuses to eat what is served at dinner making it a stressful time for the family ___ Seems to be in constant motion, cannot sit still, unless playing on an electronic device ___ Appears to be anxious