

GROSS MOTOR SKILLS	FINE MOTOR SKILLS	SPEECH & COMMUNICATION
<b>AGE 0-11 MONTHS</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Bears weight on forearms when on belly</li> <li><input type="checkbox"/> Plays with their feet</li> <li><input type="checkbox"/> Holds head in midline</li> <li><input type="checkbox"/> Rolls from back to side</li> <li><input type="checkbox"/> Sits alone for short periods</li> <li><input type="checkbox"/> Begins to belly crawl</li> <li><input type="checkbox"/> Crawls independently</li> <li><input type="checkbox"/> Rolls back to belly and belly to back</li> <li><input type="checkbox"/> Grabs feet and brings them to their mouth</li> <li><input type="checkbox"/> Brings hands together when laying on back</li> <li><input type="checkbox"/> Props up with straight elbows on belly</li> <li><input type="checkbox"/> Sits with hands free for at least 60 seconds</li> <li><input type="checkbox"/> Pulls to stand from floor</li> <li><input type="checkbox"/> Walks with 2 hands held</li> </ul> <b>AGE 1 YEAR</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Walks along furniture</li> <li><input type="checkbox"/> Transitions from sit to stand and stand to sit</li> <li><input type="checkbox"/> Stands all by themselves, without holding onto anything</li> <li><input type="checkbox"/> Crawls on hands and knees</li> <li><input type="checkbox"/> Corrals ball with arms and hands in seated position</li> <li><input type="checkbox"/> Gets into and out of sitting while playing on the floor</li> <li><input type="checkbox"/> Can move from sitting on the floor to standing and standing to the floor without falling</li> </ul>	<b>AGE 0-11 MONTHS</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Reaches for toys</li> <li><input type="checkbox"/> Grasps rattle when placed in hand</li> <li><input type="checkbox"/> Hits dangling objects with hands</li> <li><input type="checkbox"/> Responds to a smile with a smile</li> <li><input type="checkbox"/> Holds hands open at least ½ of the time</li> <li><input type="checkbox"/> Releases object intentionally</li> <li><input type="checkbox"/> Passes an object between hands</li> <li><input type="checkbox"/> Waves bye-bye</li> <li><input type="checkbox"/> Likes looking at human faces most</li> <li><input type="checkbox"/> Smiles at self in mirror</li> <li><input type="checkbox"/> Puts fingers in mouth</li> <li><input type="checkbox"/> Holds, shakes, and bangs toys on floor</li> <li><input type="checkbox"/> Feeds self finger foods</li> </ul> <b>AGE 1 YEAR</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Grasps a thick crayon or pencil</li> <li><input type="checkbox"/> Turns a page in a cardboard book</li> <li><input type="checkbox"/> Pulls off shoes</li> <li><input type="checkbox"/> Feeds self finger foods</li> <li><input type="checkbox"/> Puts objects into others, such as will drop blocks into a bowl or bucket</li> <li><input type="checkbox"/> Cooperates with dressing and undressing by straightening arm to put it into a sleeve and bending their arm to take it out of the sleeve</li> </ul>	<b>AGE 0-11 MONTHS</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sucks from breast or bottle</li> <li><input type="checkbox"/> Babbles using different sounds</li> <li><input type="checkbox"/> Produces a variety of facial expressions</li> <li><input type="checkbox"/> Cooing: vowel sounds</li> <li><input type="checkbox"/> Responds to “no”</li> <li><input type="checkbox"/> Introduced to drink from a cup</li> <li><input type="checkbox"/> Tolerates mashed or soft foods</li> <li><input type="checkbox"/> Makes sounds while eating food in mouth</li> <li><input type="checkbox"/> Moves chewed foods to center of mouth before swallowing</li> <li><input type="checkbox"/> Vocalizes different syllables</li> </ul> <b>AGE 1 YEAR</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Waves bye bye</li> <li><input type="checkbox"/> Babbles using different sounds</li> <li><input type="checkbox"/> Eats coarsely chopped food</li> <li><input type="checkbox"/> Takes turns vocalizing</li> <li><input type="checkbox"/> Points or gestures (for example, will raise their arms if they want to be held)</li> </ul>

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<b>AGE 2 YEARS</b> <ul style="list-style-type: none"> <li>___ Walks independently with arms at side</li> <li>___ Stoops down to pick up a toy and returns to standing</li> <li>___ Jumps down off low surface, such as curb at the park</li> <li>___ Jumps forward about 4 inches</li> <li>___ Goes up stairs without using a rail, placing both feet on each step</li> <li>___ Throws a ball 3 feet in air</li> <li>___ Throws a ball while maintaining balance</li> <li>___ Walks backward 5 steps</li> <li>___ Kicks a ball 3 feet forward without direction</li> <li>___ Rides a push bike (bike without pedals)</li> </ul> <b>AGE 3 YEARS</b> <ul style="list-style-type: none"> <li>___ Walks up stairs without using a rail, placing one foot on each step</li> <li>___ Ride a tricycle</li> <li>___ Hops 3 times on each foot</li> <li>___ Kicks a large ball towards a target</li> <li>___ Jumps down about 24 inches</li> <li>___ Jumps forward about 24 inches</li> <li>___ Can catch a big ball</li> <li>___ Can throw underhand</li> <li>___ Stands on one foot for 3 seconds</li> <li>___ Slides down a slide at the playground</li> <li>___ Climbs well on a jungle gym</li> </ul>	<b>AGE 2 YEARS</b> <ul style="list-style-type: none"> <li>___ Drinks from regular open cup that does not have a lid or spout</li> <li>___ Drinks from a straw using lips</li> <li>___ Uses play dough, paint, and paper</li> <li>___ Looks at picture books by themselves</li> <li>___ Zips and unzips zippers if someone latches it for them to get them started</li> <li>___ Takes off their own clothes</li> <li>___ Scribbles without going off of the paper</li> <li>___ Builds a block tower, 4-6 blocks high</li> <li>___ Turns a container to dump contents</li> <li>___ Turn a small knob</li> <li>___ Gets spoon in mouth right side up</li> <li>___ Puts large round pegs into pegboard</li> </ul> <b>AGE 3 YEARS</b> <ul style="list-style-type: none"> <li>___ Hand preference is established</li> <li>___ Imitates drawing a vertical line</li> <li>___ Put square, round, and triangular shapes into board</li> <li>___ Washes hands by self</li> <li>___ Stacks 7-8 small blocks</li> <li>___ Grasps a pencil with thumb and fingers instead of fist</li> <li>___ Screws and unscrews jar lids</li> <li>___ Eats with a fork (with spillage)</li> <li>___ Pours accurately from one container to another</li> <li>___ Spontaneously draws strokes, dots, circles</li> <li>___ Completes a simple 3 piece puzzle</li> <li>___ Can dress and undress with loose clothing and with help to get the clothing facing the correct way</li> <li>___ Makes small cuts with scissors</li> </ul>	<b>AGE 2 YEARS</b> <ul style="list-style-type: none"> <li>___ Uses 2 word phrases regularly, such as "car go", "more milk"</li> <li>___ Demonstrates verbal turn taking</li> <li>___ Has at least 100 words</li> <li>___ Is understood by listeners 25-50% of the time</li> <li>___ Follows simple 2 step commands, such as "pick up your ball and put it in the toybox"</li> <li>___ Eats table foods with different textures such as cut up green beans, small pieces of chicken, and pasta</li> <li>___ Responds to "yes"/"no"</li> <li>___ Uses 10-20 words</li> <li>___ Can name at least 5 items</li> </ul> <b>AGE 3 YEARS</b> <ul style="list-style-type: none"> <li>___ Has about 1,000 words</li> <li>___ Converses in sentences</li> <li>___ Ask questions, such as "What is that?" "Where did Mommy go?"</li> <li>___ Responds to "what" and "where" questions</li> <li>___ Understood by listeners 75% of the time</li> <li>___ Chews and swallows most adult foods including steak and raw veggies</li> <li>___ Responds to greetings</li> <li>___ Gives first name</li> <li>___ Identifies object by function</li> <li>___ Uses 2 - 4 word utterances</li> <li>___ Follows 3 step verbal commands, such as "pick up your blanket, take it upstairs, and put it on your bed"</li> </ul>

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<b>AGE 4 YEARS</b> <ul style="list-style-type: none"> <li>___ Walks downstairs without using a rail, placing one foot on each step</li> <li>___ Stands on each foot for 5 seconds with their hands on their hips</li> <li>___ Jumps forward about 30 inches</li> <li>___ Hops 5 times on each foot</li> <li>___ Rides a 2-wheeled bike with training wheels</li> <li>___ Walks backwards on a line for over 4 feet</li> <li>___ Climbs well on a jungle gym</li> </ul> <b>AGE 5 YEARS</b> <ul style="list-style-type: none"> <li>___ Completes sit ups</li> <li>___ Able to skip, alternating feet</li> <li>___ Completes jumping jacks</li> <li>___ Completes push-ups</li> <li>___ Begins to jump rope</li> <li>___ Throws a ball to hit a target</li> <li>___ Climbs well on a jungle gym</li> <li>___ Performs somersaults</li> <li>___ Can swing without being pushed, can pump legs to keep it going</li> </ul>	<b>AGE 4 YEARS</b> <ul style="list-style-type: none"> <li>___ Puts shoes (does not yet tie) on correctly</li> <li>___ Colors almost entirely within lines of circle</li> <li>___ Copies a cross</li> <li>___ Draws a person with 3 different body parts</li> <li>___ Dresses and undresses without much help</li> <li>___ Completes an easy puzzle</li> <li>___ Cuts paper in half with scissors on a mostly straight line</li> <li>___ Buttons and unbuttons quarter inch buttons, like a button-down shirt</li> </ul> <b>AGE 5 YEARS</b> <ul style="list-style-type: none"> <li>___ Copies and cuts a square</li> <li>___ Copies color/shape sequence</li> <li>___ Latches and zips the zipper on their coat</li> <li>___ Traces around own hand with crayon</li> <li>___ Completes simple dot to dot pictures</li> <li>___ Able to copy a couple letters</li> <li>___ Puts socks on correctly</li> </ul>	<b>AGE 4 YEARS</b> <ul style="list-style-type: none"> <li>___ Uses at least 1,500 words</li> <li>___ Uses 4-5 word sentences</li> <li>___ Understood by listeners 80% of the time</li> <li>___ Understands time concepts of now/later, before/after, first/then</li> <li>___ Uses contractions, such as don't</li> <li>___ Follows multi-step directions, such as "go upstairs, brush your teeth, put on your jammies and pick out a book"</li> <li>___ Chews and swallows most adult foods including steak and raw veggies</li> <li>___ Asks many questions, including "who" and "why"</li> </ul> <b>AGE 5 YEARS</b> <ul style="list-style-type: none"> <li>___ Uses a variety of sentences and can tell a story</li> <li>___ Has a vocabulary of 2,000 words</li> <li>___ Chews and swallows adult foods</li> <li>___ Understood by listeners 90-100% of the time</li> <li>___ Ask questions to get more information</li> <li>___ Uses most speech sounds correctly, except the "th" and "r" sounds</li> <li>___ Uses contractions, such as <i>don't</i> and <i>can't</i></li> <li>___ Follows multi-step directions, such as "go upstairs, brush your teeth, put on your jammies, and pick out a book"</li> </ul>

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<b>AGE 6 YEARS</b> <ul style="list-style-type: none"> <li>___ Is able to skip, alternating feet</li> <li>___ Completes jumping jacks</li> <li>___ Completes push-ups</li> <li>___ Begins to jump rope</li> <li>___ Throws a ball to hit a target</li> <li>___ Climbs well on a jungle gym</li> <li>___ Performs somersaults</li> <li>___ Can swing without being pushed, can pump legs to keep it going</li> <li>___ Rides a 2-wheeler without trailer wheels</li> <li>___ Completes sit ups</li> </ul>	<b>AGE 6 YEARS</b> <ul style="list-style-type: none"> <li>___ Dresses and undresses self</li> <li>___ Reads and writes numbers 1-10</li> <li>___ Writes first and last name</li> <li>___ Ties shoes</li> <li>___ Draws a person with 6 different body parts</li> <li>___ Colors within the lines</li> <li>___ Opens zip lock bags and food wrappers</li> <li>___ Cuts out simple shapes with scissors</li> </ul>	<b>AGE 6 YEARS</b> <ul style="list-style-type: none"> <li>___ Uses a variety of sentences and can tell a story</li> <li>___ Has a vocabulary up to 7,000 words</li> <li>___ Chews and swallows adult foods</li> <li>___ Understood by listeners 90-100% of the time</li> <li>___ Ask questions to get more information</li> <li>___ Uses most speech sounds correctly</li> <li>___ Uses contractions, such as wouldn't, don't and can't</li> <li>___ Follows multi-step directions</li> <li>___ Engages in play with others</li> <li>___ Understands time concepts (<i>today tomorrow, yesterday</i>)</li> <li>___ Uses pronouns correctly</li> </ul>
<b>SENSORY – ALL AGES</b>		
<p>Please check all that apply considering the appropriate behavior for your child's age. For a full sensory screening, please contact our office, at (859) 353-3666.</p>		
<ul style="list-style-type: none"> <li>___ Cries during bath time or refuses to take a bath</li> <li>___ Avoids messy play</li> <li>___ Cries or fights when I try to brush their hair or teeth</li> <li>___ Avoids being held or snuggled</li> <li>___ Becomes easily upset, compared to other children their same age</li> <li>___ Frightened by typical sounds such as the vacuum or a toilet flushing</li> <li>___ Has a limited diet for their age</li> </ul>	<ul style="list-style-type: none"> <li>___ Not able to calm down easily after being upset</li> <li>___ Unable to sit down to perform an activity, look at a book, or play a game</li> <li>___ Avoids climbing and exploring at the playground</li> <li>___ Avoids looking at you or others in the eye when being spoken to</li> <li>___ Is not cooperative for thier age</li> <li>___ Grinds their teeth</li> <li>___ Refuses to try new foods</li> </ul>	<ul style="list-style-type: none"> <li>___ Has difficulty with changes in routine, such as Dad is picking them up from school today instead of Mom</li> <li>___ Avoids wearing different types of clothing textures</li> <li>___ Gets dizzy or car sick easily</li> <li>___ If 2 years old and older: refuses to eat what is served at dinner making it a stressful time for the family</li> <li>___ Seems to be in constant motion, cannot sit still, unless playing on an electronic device</li> <li>___ Appears to be anxious</li> </ul>