

GROSS MOTOR SKILLS	FINE MOTOR SKILLS	SPEECH & COMMUNICATION
<p>AGE 0-11 MONTHS</p> <ul style="list-style-type: none"> — Bears weight on forearms when on belly — Plays with their feet — Holds head in midline — Rolls from back to side — Sits alone for short periods — Begins to belly crawl — Crawls independently — Rolls back to belly and belly to back — Grabs feet and brings them to their mouth — Brings hands together when laying on back — Props up with straight elbows on belly — Sits with hands free for at least 60 seconds — Pulls to stand from floor — Walks with 2 hands held <p>AGE 1 YEAR</p> <ul style="list-style-type: none"> — Walks along furniture — Transitions from sit to stand and stand to sit — Stands all by themselves, without holding onto anything — Crawls on hands and knees — Corrals ball with arms and hands in seated position — Gets into and out of sitting while playing on the floor — Can move from sitting on the floor to standing and standing to the floor without falling 	<p>AGE 0-11 MONTHS</p> <ul style="list-style-type: none"> — Reaches for toys — Grasps rattle when placed in hand — Hits dangling objects with hands — Responds to a smile with a smile — Holds hands open at least $\frac{1}{2}$ of the time — Releases object intentionally — Passes an object between hands — Waves bye-bye — Likes looking at human faces most — Smiles at self in mirror — Puts fingers in mouth — Holds, shakes, and bangs toys on floor — Feeds self finger foods <p>AGE 1 YEAR</p> <ul style="list-style-type: none"> — Grasps a thick crayon or pencil — Turns a page in a cardboard book — Pulls off shoes — Feeds self finger foods — Puts objects into others, such as will drop blocks into a bowl or bucket — Cooperates with dressing and undressing by straightening arm to put it into a sleeve and bending their arm to take it out of the sleeve 	<p>AGE 0-11 MONTHS</p> <ul style="list-style-type: none"> — Sucks from breast or bottle — Babbles using different sounds — Produces a variety of facial expressions — Cooing: vowel sounds — Responds to “no” — Introduced to drink from a cup — Tolerates mashed or soft foods — Makes sounds while eating food in mouth — Moves chewed foods to center of mouth before swallowing — Vocalizes different syllables <p>AGE 1 YEAR</p> <ul style="list-style-type: none"> — Waves bye bye — Babbles using different sounds — Eats coarsely chopped food — Takes turns vocalizing — Points or gestures (for example, will raise their arms if they want to be held)

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<p>AGE 2 YEARS</p> <ul style="list-style-type: none"> Walks independently with arms at side Stoops down to pick up a toy and returns to standing Jumps down off low surface, such as curb at the park Jumps forward about 4 inches Goes up stairs without using a rail, placing both feet on each step Throws a ball 3 feet in air Throws a ball while maintaining balance Walks backward 5 steps Kicks a ball 3 feet forward without direction Rides a push bike (bike without pedals) <p>AGE 3 YEARS</p> <ul style="list-style-type: none"> Walks up stairs without using a rail, placing one foot on each step Ride a tricycle Hops 3 times on each foot Kicks a large ball towards a target Jumps down about 24 inches Jumps forward about 24 inches Can catch a big ball Can throw underhand Stands on one foot for 3 seconds Slides down a slide at the playground Climbs well on a jungle gym 	<p>AGE 2 YEARS</p> <ul style="list-style-type: none"> Drinks from regular open cup that does not have a lid or spout Drinks from a straw using lips Uses play dough, paint, and paper Looks at picture books by themselves Zips and unzips zippers if someone latches it for them to get them started Takes off their own clothes Scribbles without going off of the paper Builds a block tower, 4-6 blocks high Turns a container to dump contents Turn a small knob Gets spoon in mouth right side up Puts large round pegs into pegboard <p>AGE 3 YEARS</p> <ul style="list-style-type: none"> Hand preference is established Imitates drawing a vertical line Put square, round, and triangular shapes into board Washes hands by self Stacks 7-8 small blocks Grasps a pencil with thumb and fingers instead of fist Screws and unscrews jar lids Eats with a fork (with spillage) Pours accurately from one container to another Spontaneously draws strokes, dots, circles Completes a simple 3 piece puzzle Can dress and undress with loose clothing and with help to get the clothing facing the correct way Makes small cuts with scissors 	<p>AGE 2 YEARS</p> <ul style="list-style-type: none"> Uses 2 word phrases regularly, such as "car go", "more milk" Demonstrates verbal turn taking Has at least 100 words Is understood by listeners 25-50% of the time Follows simple 2 step commands, such as "pick up your ball and put it in the toybox" Eats table foods with different textures such as cut up green beans, small pieces of chicken, and pasta Responds to "yes"/"no" Uses 10-20 words Can name at least 5 items <p>AGE 3 YEARS</p> <ul style="list-style-type: none"> Has about 1,000 words Converses in sentences Ask questions, such as "What is that?" "Where did Mommy go?" Responds to "what" and "where" questions Understood by listeners 75% of the time Chews and swallows most adult foods including steak and raw veggies Responds to greetings Gives first name Identifies object by function Uses 2 - 4 word utterances Follows 3 step verbal commands, such as "pick up your blanket, take it upstairs, and put it on your bed"

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<p>AGE 4 YEARS</p> <ul style="list-style-type: none"> Walks downstairs without using a rail, placing one foot on each step Stands on each foot for 5 seconds with their hands on their hips Jumps forward about 30 inches Hops 5 times on each foot Rides a 2-wheeled bike with training wheels Walks backwards on a line for over 4 feet Climbs well on a jungle gym <p>AGE 5 YEARS</p> <ul style="list-style-type: none"> Completes sit ups Able to skip, alternating feet Completes jumping jacks Completes push-ups Begins to jump rope Throws a ball to hit a target Climbs well on a jungle gym Performs somersaults Can swing without being pushed, can pump legs to keep it going 	<p>AGE 4 YEARS</p> <ul style="list-style-type: none"> Puts shoes (does not yet tie) on correctly Colors almost entirely within lines of circle Copies a cross Draws a person with 3 different body parts Dresses and undresses without much help Completes an easy puzzle Cuts paper in half with scissors on a mostly straight line Buttons and unbuttons quarter inch buttons, like a button-down shirt <p>AGE 5 YEARS</p> <ul style="list-style-type: none"> Copies and cuts a square Copies color/shape sequence Latches and zips the zipper on their coat Traces around own hand with crayon Completes simple dot to dot pictures Able to copy a couple letters Puts socks on correctly 	<p>AGE 4 YEARS</p> <ul style="list-style-type: none"> Uses at least 1,500 words Uses 4-5 word sentences Understood by listeners 80% of the time Understands time concepts of now/later, before/after, first/then Uses contractions, such as don't Follows multi-step directions, such as "go upstairs, brush your teeth, put on your jammies and pick out a book" Chews and swallows most adult foods including steak and raw veggies Asks many questions, including "who" and "why" <p>AGE 5 YEARS</p> <ul style="list-style-type: none"> Uses a variety of sentences and can tell a story Has a vocabulary of 2,000 words Chews and swallows adult foods Understood by listeners 90-100% of the time Ask questions to get more information Uses most speech sounds correctly, except the "th" and "r" sounds Uses contractions, such as don't and can't Follows multi-step directions, such as "go upstairs, brush your teeth, put on your jammies, and pick out a book"

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AGE 6 YEARS <ul style="list-style-type: none"> <input type="checkbox"/> Is able to skip, alternating feet <input type="checkbox"/> Completes jumping jacks <input type="checkbox"/> Completes push-ups <input type="checkbox"/> Begins to jump rope <input type="checkbox"/> Throws a ball to hit a target <input type="checkbox"/> Climbs well on a jungle gym <input type="checkbox"/> Performs somersaults <input type="checkbox"/> Can swing without being pushed, can pump legs to keep it going <input type="checkbox"/> Rides a 2-wheeler without trailer wheels <input type="checkbox"/> Completes sit ups 	AGE 6 YEARS <ul style="list-style-type: none"> <input type="checkbox"/> Dresses and undresses self <input type="checkbox"/> Reads and writes numbers 1-10 <input type="checkbox"/> Writes first and last name <input type="checkbox"/> Ties shoes <input type="checkbox"/> Draws a person with 6 different body parts <input type="checkbox"/> Colors within the lines <input type="checkbox"/> Opens zip lock bags and food wrappers <input type="checkbox"/> Cuts out simple shapes with scissors 	AGE 6 YEARS <ul style="list-style-type: none"> <input type="checkbox"/> Uses a variety of sentences and can tell a story <input type="checkbox"/> Has a vocabulary up to 7,000 words <input type="checkbox"/> Chews and swallows adult foods <input type="checkbox"/> Understood by listeners 90-100% of the time <input type="checkbox"/> Ask questions to get more information <input type="checkbox"/> Uses most speech sounds correctly <input type="checkbox"/> Uses contractions, such as wouldn't, don't and can't <input type="checkbox"/> Follows multi-step directions <input type="checkbox"/> Engages in play with others <input type="checkbox"/> Understands time concepts (<i>today, tomorrow, yesterday</i>) <input type="checkbox"/> Uses pronouns correctly
SENSORY – ALL AGES <ul style="list-style-type: none"> <input type="checkbox"/> Cries during bath time or refuses to take a bath <input type="checkbox"/> Avoids messy play <input type="checkbox"/> Cries or fights when I try to brush their hair or teeth <input type="checkbox"/> Avoids being held or snuggled <input type="checkbox"/> Becomes easily upset, compared to other children their same age <input type="checkbox"/> Frightened by typical sounds such as the vacuum or a toilet flushing <input type="checkbox"/> Has a limited diet for their age 	<p>Please check all that apply considering the appropriate behavior for your child's age. For a full sensory screening, please contact our office, at (859) 353-3666.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Not able to calm down easily after being upset <input type="checkbox"/> Unable to sit down to perform an activity, look at a book, or play a game <input type="checkbox"/> Avoids climbing and exploring at the playground <input type="checkbox"/> Avoids looking at you or others in the eye when being spoken to <input type="checkbox"/> Is not cooperative for their age <input type="checkbox"/> Grinds their teeth <input type="checkbox"/> Refuses to try new foods 	