



2025 -2026 Schedule

August 19, 2024 – June 14, 2025

**Important Dates** listed on final page

15760 S Bell Rd, Homer Glen, IL 60491

708-301-8181

[momentumdancestudio.com](http://momentumdancestudio.com)

Monday				Tuesday				Wednesday			
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4
4:00-4:45 Kinderhop JK	4:00-4:45 Preschool Acro LS										
4:45-5:30 Boys Hip Hop 2 JK	4:45-5:30 Primary Acro LS	4:30-5:30 Modern 2/3 ES	4:30-5:30 Ballet 1 KM	4:30-5:30 PBT 2/3 ES	4:30-5:30 Ballet 2 KM	4:30-5:30 Preteen Acro MH/LS	4:30-5:30 Jazz 1 NB	4:30-5:30 Acro 2 MH/LS	4:30-5:30 Preteen Contemporary LN	4:30-5:30 Contemporary 1 NU	4:30-5:30 Musical Theatre 1/2 NB
5:30-6:30 Adaptive Hip Hop JK	5:30-6:30 Company In Training LS	5:30-6:30 Ballet 2 ES	5:30-6:30 Ballet 3 KM	5:30-6:30 Modern 1 ES	5:30-6:30 Pointe 1 KM	5:30-6:30 Acro 3 MH/LS	5:30-6:30 Tap 2/3 NB	5:30-6:30 Preteen Ballet ES	5:30-6:30 Contemporary 2 LN	5:30-6:30 Contemporary 3 NU	5:30-6:30 Tap 1 NB
6:30-7:30 Adaptive Company JK, KM	6:30-8:00 Mini Company LS, NU	6:30-8:00 Junior Premier Company NU, LS	6:30-7:00 Prepointe KM	6:30-7:30 PBT 4/5 ES	6:30-7:30 Adaptive Lyrical KM	6:30-7:30 Hip Hop 3 CB	6:30-7:30 Tap 4/5 NB	6:30-7:30 Modern 4/5 ES	6:30-7:30 Teen Contemporary LN/NU	6:30-7:30 Acro 4/5 MH/LS	6:30-7:30 Jazz 3 NB
7:30-8:30 Boys Hip Hop 3 JK			7:00-8:00 Adult Modern ES								
	8:00-9:00 Preteen Jazz NU	8:00-9:30 Ballet 5 KM	8:00-9:30 Ballet 4 ES	7:30-9:30 Senior Company LS, NU	7:30-8:30 Adaptive Musical Theatre KM	7:30-8:30 Adult Hip Hop CB	7:30-8:30 Musical Theatre 3/4 NB	7:30-8:30 Teen Ballet ES	7:30-8:30 Contemporary 4 NU	7:30-8:30 Jazz 5 LS	7:30-8:30 Adult Tap NB
						8:30-9:30 Hip Hop 4 CB	8:30-9:30 Adult Jazz NB	8:30-9:30 Adult Ballet ES	8:30-9:30 Contemporary 5 NU	8:30-9:30 Jazz 4 LS	8:30-9:30 Teen Jazz NB

Ages 18 mo-2.5 yr	Ages 3-4	Ages 4-5	Ages 5-6	Ages 6-9	Ages 9-11	Beginner Ages 9-13
Ages 12-14	Ages 15-18	Adaptive Ages 12+	Beginner Ages 14+	Adult Ages 18+	Invitation Only	

\*Classes subject to change- **CB** – Cesar Bautista, **NB** – Nicole Bishop, **MH** – Maddy Hindhaugh, **JK** – Justin Kimball, **MK** – Marianne Kyler, **KM** – Kaleigh Meeks, **LN** – Lacey Nowinski, **LS** – Lauren Skiniotes, **ES** – Elizabeth Stepien, **NU** – Nina Ulman



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Thursday				Friday				Wednesday AM		Saturday AM	
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 3	Studio 4	Studio 3	Studio 2
				4:00-4:45 Dance Explore ES		4:00-4:45 Twinkletoes MK	4:00-4:45 Junior Adaptive Hip Hop JK	9:15- 10:00 Tiny Tots MK		9:15- 10:00 Tiny Tots MK	
4:30-5:30 Mini Crew CB		4:30-5:30 Ballet 3 ES	4:30-5:30 Acro 1 LS/MH	4:45-5:30 Primary Dance Explore ES	4:30-5:30 Acro 3 Tech Only LS/MH	4:45-5:30 Storybook MK	4:45-5:30 Boys Hip Hop 1 JK	10:00-10:45 Twinkletoes MK	Private Lessons, Studio Rentals	10:00-10:45 Storybook MK	Company Rehearsals, Birthday Parties, Girl Scout Classes, and Studio Rentals
5:30-6:30 Hip Hop 1 CB	5:30-7:30 Junior Company LS	5:30-6:30 Ballet 1 ES	5:30-6:30 Jazz 2 MH		5:30-7:30 Preteen Company LS	5:30-6:30 Kinderdance MK	5:30-6:30 Mini Boys Crew JK	11:00-12:00 Seniors Groove MK		10:45-11:30 Twinkletoes MK	
6:30-7:30 Hip Hop 2 CB		6:30-7:30 Ballet 4 ES	6:30-7:30 Teen & Sr Ensemble MH	Company Rehearsals, Private Lessons, Studio Rentals		6:30-7:30 Ballet Jazz MK	6:30-7:30 Physically Disabled Dance JK			11:30-12:30 Kinderdance MK	
7:30-8:30 Hip Hop 5 CB	7:30-9:30 Teen Company LS	7:30-8:30 Teen Ballet ES	7:30-8:30 Pointe 2 KM								
8:30-9:30 Teen Hip Hop CB		8:30-9:30 Ballet 5 ES	8:30-9:30 Pre-Pointe/ Pointe 1 KM								

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### **Tiny Tots- Age 18 mo-2.5 yrs**

Parents are welcome inside the classroom in this 45 minutes of creative movement education incorporating rhythm, pre-ballet, puppet-theatre, and stories. **MK**

### **Twinkletoes- Age 3-4**

45 minutes of creative movement education incorporating rhythm, yoga, pre-ballet, relaxation, puppet-theatre, and stories. **MK**

### **Preschool Acro- Age 3-5**

45 minutes of creative movement education incorporating tumbling, balance, pre-ballet, limbering, and creative movement. **LS**

### **Dance Explore Ages 4-5**

45 minutes of early childhood dance education incorporating creative movement, imagination, brain and body connection, and stories. **ES**

### **Storybook- Age 4-5**

45 minutes of a unique approach to pre-ballet and movement education through dances, tumbling, and stories. **MK**

### **Kinderdance- Age 5-6**

60 minutes of pre-ballet, creative movement, tap, acrobatics, and the overall pleasure that comes from learning to dance. **MK**

### **Primary Acro- Age 5-6**

45 minutes of creative movement education incorporating tumbling, balance, pre-ballet, limbering, imagination play, and stories. **LS**

### **Primary Dance Explore- Age 5-6**

45 minutes of creative movement education incorporating pre-modern, pre-jazz, pre-ballet, brain and body connection, and stories. **ES**

### **KinderHop- Age 5-6**

45 minutes of pre-breaking, hip hop foundations, grooves, and free dance exploring the basics of hip hop dance. **JK**

### **Ballet Jazz- Age 6-7**

60 minute combination class. Classical ballet positions, technique, and terminology comprise the first 30 minutes, while the second 30 minutes consist of upbeat jazz technique. **MK**

### **Adaptive Dance**

Designed for children and adults with special needs and disabilities, we focus on strength, flexibility, coordination, memory skills, rhythm, as well as social and life skills. **JK, KM**

### **Acro**

Students build strength, flexibility, balance, endurance, and tumbling skills all while incorporating the art of dance in this class. Students will be placed on ability, **not age**. We are an Acrobatic Arts certified studio. **LS, MH**

### **Hip Hop**

A dynamic style of dance with unique history incorporating athleticism and musicality. The primary focus is foundational techniques of popping, waving, tutting, and breaking. **CB**

### **Contemporary & Lyrical**

A fusion of modern, jazz, and ballet dance, contemporary and lyrical styles are high in demand and ever-evolving. **NU, LN**

### **Ballet**

Timeless and elegant, ballet creates patience and discipline in its structured classes. Pre-Pointe is recommended at level 3. A minimum of three years ballet and 12 years of age is required for pointe. Levels 2-5 meet twice weekly. **ES, KM**

### **PBT- Progressing Ballet Technique**

An innovative body conditioning and strength-building program that prioritizes muscle memory development through ballet-specific exercises. **ES**

### **Jazz**

Classical jazz will focus on rich jazz history and isolations of the body, improving performance quality, and developing complex rhythms and progressions. **LS, ES, NB, NU, MH**

### **Modern**

Students will focus on contractions, spirals, basic floor work, and elemental concepts of space, time and force. **ES**

### **Tap**

Students hone a new sense of rhythm in this classic style, with levels from beginning to advanced. Tap shoes are required. **NB**

### **Musical Theatre**

Musical Theatre is a jazz-based class filled with Broadway style dancing and music. This form of dancing emphasizes learning performance skills such as connecting with the audience, storytelling, and facial expressions. **NB, KM**

### **Preteen Dance- Age 9-13**

Encompassing a multitude of styles of dance, this program is designed for dancers who start their dance training between ages 9-13 and wish to dance with their age peers at a beginner level. **NU, CB, NB, ES, LN**

### **Teen Dance- Age 13-18**

Encompassing a multitude of styles of dance, this program is designed for dancers who begin their dance training later in life and are beginner and intermediate level classes. **NU, CB, NB, ES**

### **Adult Dance- Ages 18+**

This program is designed for adults with no previous experience necessary. These classes are designed for fitness and fun in a no-judgement zone. Adult dance creates a community and a fun form of stress relief to learn new skills. **CB, NB, ES**



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Visit our live calendar at

[www.momentumdancestudio.com/events#Calendar](http://www.momentumdancestudio.com/events#Calendar)

Read this year's Welcome Packet at

<https://www.momentumdancestudio.com/#WelcomePacket>

### **Important Dates 2025**

- 8/16/25 Open House/Build Your Dance Bag
- 8/18/25 Open House/Build Your Dance Bag
- 8/19/25 Open House/Build Your Dance Bag
- 8/21/25 Open House/Build Your Dance Bag
- 8/18-8/31/25 Company Choreography
- 9/2/25 **First Day of Classes**
- 9/12/25 Polar Express Auditions
- 9/10/25 Tuition Due
- 9/29/25 **Bring a Friend Week**
- 10/10/25 Tuition Due
- 10/13/25 Indigenous Peoples Day- **Studio Closed**, Makeups Encouraged
- 10/31/25 Halloween- **Studio Closed**, Makeups Encouraged
- 11/10/25 Tuition & Recital Fee Due
- 11/26-29/25 **Thanksgiving Break- Included in tuition price**
- 12/10/25 Tuition Due
- 12/13 or 12/14/25 **The Polar Express Performance**
- 12/22/25-1/4/26 **Winter Break**- Included in tuition price

### **Important Dates 2026**

- 1/5/26 Classes Resume
- 1/10/26 Tuition Due
- 1/16/26 Recital Character Auditions
- 1/19/26 MLK Jr Day- **Studio Closed**, Makeups Encouraged
- 2/10/26 Tuition Due
- 2/15/26 **Momentum Dance Company Revue**
- 3/1/26 **Recital Participation Deadline**
- 3/10/26 Tuition Due
- 3/30-4/5/26 **Spring Break**- Included in tuition price
- 4/9/26 **Recital Pre-Orders Due**
- 4/10/26 Tuition Due
- 5/3/26 **Recital Picture Day**
- 5/10/26 Tuition Due
- 5/22-25/26 Memorial Day Weekend- **Studio Closed**, Makeups Encouraged
- 5/30/26 **Studio Tech Rehearsal**
- 6/6/26 **Studio Dress Rehearsal**
- 6/10/26 Last Day of Classes
- 6/11/26 Makeup Classes for Inclement Weather
- 6/12/26 **Full Dress Rehearsal @ Lincoln Way West**
- 6/13/26 **Recital Day @ Lincoln Way West**
- 6/19/26 Momentum Dance Company Auditions

Welcome Packet:  
Studio Policies,  
Dress Code, FAQ

