



**Momentum Dance Company,
Ensemble, and Crew
2025-2026**

**Informational Packet:
Regulations & Performances**

**Lauren Skiniotes: Executive/Artistic Director
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Section I

Momentum's Mission Statement & Values

Momentum Dance Studio sees dance education as not only a way to encourage imagination and creativity, but also a means to encourage discipline, self-esteem and self-confidence. We are dedicated to promoting a love of the arts and providing a high level of professional instruction.

Momentum is a values-based organization and we hold our students and staff to a high expectation of acting by these values:

Love for dance and others, Building self esteem, Lifelong learning, Leadership, Inclusion

Section II

Class Requirements

Monthly Pricing	Crew, Adaptive	CIT	Mini Co, Jr Premier	Ensemble	Senior, Teen, Preteen, Junior Co.
\$71/ 45 min class	Weekly Rehearsal Class 45 min- 1 hr	Company Technique 1 hr	Company Technique 1.5 hr	Weekly Rehearsal Class 1 hr	Company Technique 2 hr
\$75/hour class	Elective of Choice	Tap 1	Contemporary or Jazz	Teen Ballet x2	Contemporary
\$143/2 hour class		Ballet 1	2 Hours Ballet	Teen Jazz or Teen Contemporary	Jazz
\$395 Unlimited Begins @6 hr/wk					2 Hours Ballet
					1 Elective

- These are the MINIMUM required classes to remain in good standing with the Company. Additional classes outside of the minimum are encouraged for **faster progress**, cross-training, and versatility.
- Choreography and rehearsal fees for group dances taught during weekly rehearsal and company technique classes are covered by regular class tuition. All dances outside of these weekly times will be subject to choreography and rehearsal fees.
- *If casted in additional group numbers, please prioritize that style of dance as your first elective.*

****Students attending Momentum Dance Studio may not compete under another studio, likewise students may not compete with the Company without taking the required classes **at** Momentum.**

****Company Members are required to attend summer classes / Intensives to maintain good standing with the team. **Dancers who are excused or traveling must make up their classes with private lessons of 75% of the hours missed, or enroll in the summer 4 week program for the number of classes missed.** Please see Miss Lauren to schedule your makeups if needed.**

Section III

General Fees

- All families will be given an 11 month payment plan, with options to pay tuition in full for a 10% discount.
- Competition fees: every event has a different pricing structure. On average, group dances are around \$75 per entry, duos/trios around \$85-90 per entry, solos around \$150 per entry. Prices may vary higher or lower depending on the particular event.
- Convention fees: generally around \$300-\$350 for a weekend event.
- Costume fees: a costume is required for each piece the dancer is casted in. Up to \$110 per costume, previous year averaged \$90 per costume.
- Class fees: tuition listed above for required classes, with any additional studio-wide discounts as well (multiple class, multiple student, pay in full). Unlimited class tuition starts at 6 hours weekly.
- Choreography/Rehearsal fees: per “additional” piece that requires rehearsal time *outside* of weekly company class and monthly Full Company rehearsal (duos/trios/solos/extra groups): \$175. *Each piece will be allocated 6 hours of outside rehearsal time. Any piece requiring more than 6 hours of rehearsal time is subject to additional fees.*
- **Company Jacket**: \$120 (all company members must have)
- **Payment Plans**:
 - Each company family will receive a custom 11 month payment plan based on the number of dances their dancer was casted in and their class participation. Each dancer participating will have their own payment plan proposal.
 - These plans are based on even payments across 11 months (August- June) and include yearly registration fee per family, competition fees, choreography/rehearsal fees, monthly class tuition, recital costumes, competition costumes, convention fees, company jacket (if needed).
 - These plans do not include merchandise such as spirit wear, dance wear, shoes, and recital extras such as program ads, t-shirts, etc.
 - The first month of payment plan installments are due August 18th, the first day of Company classes.

Section IV

Performances/Costumes

- All Company members are required to wear their Company jacket to all competitions, conventions, and other performance events.
- All Company members are required to maintain their costumes and accessories. Each dancer must **label EACH item**, shoe, prop, costume piece with their name and keep them in garment bags for storage.
- With rising costs, consider utilizing the **solo costume swap** during choreography weeks, utilizing a previous recital or comp costume, or shopping inside the studio's costume inventory to avoid another costume fee and to give new life to previously used costumes.

Section V

Tentative Event Dates

- **August 18th-29th, 2025:** Company Kickoff weeks/ Choreography weeks
 - No regular classes, meet during company class times and additional class times to learn as much choreography ahead of the season as we can get through.
- **August 24, 2025:** Full Company Rehearsal and Photoshoot.
 - Black and teal dancewear required for photoshoot- plenty of items are readily available in all sizes at Momentum to borrow, but feel free to wear your own.
- **November 8, 2025:** Wolves Hockey Game, 7 pm
 - Allstate Arena, whole family event! Not required, but loads of fun. Tickets are \$20-\$23 (depending on seat section)
- **February 15, 2026: Tentative Company Revue @ Lemont High School**
 - Performance event for **all** company repertoire and fundraiser for competition fees
 - "Recital" for competition dances
- **May 31, 2026:** Company Banquet (Non performance)
 - All families are invited to celebrate the season! Awards banquet, tickets are \$35

***Be aware of new performance opportunities as they come.*

Please download the Band App, this is how we communicate quickly and have access to our most up to date rehearsal and event calendar.

- **Parents Only Group:** <https://band.us/n/a2a0A1f4A4f33>
- **Students Only Group:** <https://band.us/n/a8a8b6g4BbOaD>
- **Adaptive Company, Parents and Students:** <https://band.us/n/a4a5Aetb1br31>

Full Company Rehearsal dates are listed on the Band calendar. All who are participating in the Full Company dance should be in attendance of each of these monthly rehearsals on Sundays from 9-1. Any updates will be communicated through Band. CIT and Mini Boys Crew should only attend Full Company rehearsals from 9-10:30 AM.

Section VI

Facility Usage/Rental

Often, we receive requests for studio usage outside of regularly scheduled classes and rehearsals. Anyone wishing to utilize studio space must fill out a request via the form linked below for **each** use.

This form is also found on the homepage of our website.

Utilizing studio space requires supervision by a Momentum staff member, preparation and cleanup by said staff member, facility overhead/utility costs, and administrative working hours in order to schedule the request; all are included in the price of the rental.

Studio Rental Form: <https://forms.gle/DGfYnAfD2YpXBMZv7>

Section VII

Tentative Competition/Convention Dates

The Company will be attending up to 4 of the following, based on preferences and fees. Please mark **ALL** of these dates in your calendar.

Average Convention fee: \$320 per dancer

Average Competition fee: \$75 per dancer per group dance (solos, duos, trios will be higher)

- **Heat:** Feb 6-8, 2026
 - Convention weekend
 - Optional for Ensemble and Crew members, **all Company members CIT, Mini, Jr Premier, Junior, Preteen, Teen, & Senior attend**
 - Location: Westin Chicago Northshore, 601 N Milwaukee Ave, Wheeling, IL 60090
 - Hotel Room Reservation link:
<https://heatconvention.com/2025/05/28/chicago-il-2026/>
- **Nexstar:** March 6-8, 2026
 - **Junior Premier, Junior Co, Preteen, Teen, Senior, (Adaptive optional) compete**
 - Location: Oswego High School
 - 4250 IL-71, Oswego, IL 60543
- **Bloom:** March 20-22, 2026
 - **ALL compete: CIT, Crew, Mini, Junior Premier, Junior, Preteen, Teen, Ensemble, Senior, Adaptive**
 - Location: Lincoln-Way North High School
 - 19900 S Harlem Ave, Frankfort, IL 60423
- **Rainbow Dance Competition:** April 10-12, 2026
 - **ALL compete: CIT, Crew, Mini, Junior Premier, Junior, Preteen, Teen, Ensemble, Senior, Adaptive**
 - Location: Governor's State University
 - 1 University Pkwy, University Park, IL 60484
- **Leap Dance Competition:** May 15-17, 2026
 - Dancers have expressed the desire for more competition opportunities, mainly one extra event.
 - **Optional, Opt In choice given** on Payment Plans and poll will be taken to see which pieces will be attending.
 - Location: Batavia Fine Arts Centre (Batavia High School)
 - 1250 W Wilson St, Batavia, IL 60510

****Please mark each date in your calendar and follow our Google Calendar CLOSELY for the most accurate and up to date rehearsal schedule and event schedule. Things may change!**

Section VIII

Attendance

Rehearsals for all Company pieces and workshops are mandatory, sickness with a doctor's note and other extenuating circumstances will be excused. Students unexcused for two Company rehearsals will lose Company status or performance privileges. **There will be a restaging fee PER DANCE for any students excusing themselves or dismissed mid-season of \$200.**

- A dance company is a team. Just as conventional sports teams require all players to attend practices, dance companies require their dancers to attend all classes and rehearsals. Absences will not only affect the individual dancer but the Company as a whole.
- Each dancer is allowed up to two (2) total unexcused absences from Company classes and rehearsals for the entire dance season. If a dancer obtains more than two unexcused absences within the season, he/she may not be allowed to perform with the company or be placed on the Company for the next season.
- Excused absences must receive prior approval from studio admin; advance notice of absence does not mean it is excused. Parents should email momentumdancestudio@gmail.com as soon as an upcoming absence is known.
 - The following are considered excused absences:
 - Death in the family
 - Scheduled school programs or performances required for school credit
 - Wedding or religious dedication of you or a member of your family
 - Contagious illness or infection with doctor's note.
- **Dancers should not miss class or rehearsal because of injury or mild illness (headache; cramps).** Dancers will watch company class/rehearsal in these situations and it will not be counted against the dancer as an unexcused absence. Watching rehearsals still helps dancers retain information and any changes made to choreography.
- Punctuality is just as important as attendance, please be on time and stretched/prepared for class.
- Dance requires consistent ongoing training, and dancers who excessively miss classes will not perform at the same level as those who have attended all classes regularly.
- **Company members must be present in ALL of their classes and rehearsals the week before every performance and competition. If dancers have any unexcused absences from weekly classes, they will forfeit their opportunity to compete or perform that weekend.**

Being a member of a dance company is a privilege and comes with responsibility. Personal accountability is essential for a successful season, and commitment to your other company members is a vital component of this success. When a member of the company is not present, it negatively impacts the entire team. If absences become excessive, the dancer may be removed from competition routines, required to schedule private lessons at an additional cost, and/or his/her parent or guardian must meet with Miss Lauren and Miss Nina to determine if they are a fit for our program next season.

Section IX

Tardiness

Please arrive at all classes and rehearsals at least ten minutes in advance to warm up. Please make your best effort to arrive on time (early is on time, on time is late!). It is distracting to the instructor and students and reflects poorly on your level of commitment if you arrive late.

Section X

Commitment

All members are expected to maintain a certain level of commitment to their Company. **Unlike other activities, re-choreographing routines requires much time and effort.** It is very important to consider and avoid possible conflicts when joining other activities. In fairness to all Company members, parents, and teachers who work very hard to contribute to the success of the Company, this level of commitment must be maintained by all. A strong sense of professionalism and dedication is expected from instructors, parents, and students alike.

Section XI

Volunteer Duty

Parents must volunteer for at least one show of the recital. Volunteers may help backstage as part of the stage crew, usher at the performance, help with pre-show preparations, or be a dressing room monitor. Parents must also volunteer in some capacity for Company Revue; donating a raffle basket or silent auction item, tickets, usher, lineup, all other front of house duties. The support of the entire Company is vital to the success of the production.

Section XII

Fundraising

Dance is an expensive activity, and we want to do all we can to ease that burden on families. A parent will be elected as Fundraising Chair for the season, and will organize the fundraising efforts. Multiple parents may work within the fundraising committee to help with these efforts.

Examples of fundraisers we've done in the past:

- DoubleGood Popcorn
- Candle Sales
- Chocolate Sales
- Anython/Danceathon
- Football/Superbowl Squares
- Parent's Night Out
- Costume Sales

Fundraising monies will be applied to accounts as soon as it has been processed and accounted for within the fundraiser time frame it was received. If you do not wish to participate in fundraising, there is an opt out clause included on your payment plan proposal.

Section XIII

Honor Contract

This is YOUR copy, please retain this for your records.

- I will be in class, with the proper attire (dress code and hair, no jewelry, only stud earrings accepted), warmed up, and focused before class begins.
- I will take sole responsibility for being on time to all classes, rehearsals, and performances.
- I will only eat and drink in designated areas, and will not leave trash behind.
- I will focus throughout class. I will be supportive of my peers and participate fully for the duration of each class and rehearsal.
- I will maintain a consistently respectful attitude toward my class, my peers, my instructor, and the faculty.
- I will not use outside sources (school, social networking sites, or parents) to bully, besmirch, or disrespect our dance studio, our faculty, or commitment to our internal policies. I will rather set a respectful appointment with the owner of the studio for any conflicts.
- I will apply corrections and follow directions.
- I will take responsibility for, and contribute to, the success of each class.
- I will be persistent. I will strive for consistency in my class work by accepting setbacks and refocusing my energies.
- I will maintain a mature attitude in dealing with problems by describing the problem clearly, offering potential solutions and remaining open to suggestions.
- I will respect the judgment of the faculty regarding my progress in the curriculum.
- While in the waiting area, I will be respectful of my environment, with low voices, calm demeanor, and good behavior. I will not use my cell phone with the exception of contacting my parents for an emergency or to make arrangements for transportation.
- If I cannot fully commit to Company, I will honorably withdraw myself. I understand that this is a privilege and not a right, and I could give the opportunity to someone who would be duly committed and appreciate the honor.
- No other outside studio or activity should conflict with our performances, rehearsals, or classes.
- Students attending Momentum Dance Studio may not compete under another studio, likewise students may not compete under Momentum without taking the required classes at Momentum.
- Rudeness to teachers or peers is absolutely unacceptable in class, for which you may be dismissed from or even expelled from the school. Talking, whispering, disrupting the class, or having private giggle sessions with your friends is considered rude behavior.
- There is a mediation policy for bullying, exclusion, drama, and disrespectful behavior. I understand that at the first instance of these occurrences, I may be excused from the Company.

Parent's Commitment and Responsibilities Honor Contract:

- I will respect the classroom methodology and I will be aware of my child's other activities and plan accordingly. I understand that my child may be dismissed from the Company if he or she has unexcused and/or excessive absences in rehearsal or class.
- I will give the utmost respect to the judgment of the faculty regarding my child's progress and/or placement in the program.
- I will maintain a mature attitude in dealing with a problem by stating the problem clearly and respectfully to the teacher at an appropriate time and location. If any concern or conflict should arise I will set an appointment with the owner of the studio for further discussion.
- I understand the teacher/student relationship is built on trust and will encourage my child to always be respectful to the faculty to ensure that the relationship will not be affected.
- I will maintain a mature and respectful attitude toward the rest of the dance parents, including those not involved in Company. I understand that **my** behavior directly reflects on my child's good standing in Company.
- I understand that all families will be on an 11 month Autopay plan from August 2025 through June 2026, and any fees unpaid for 15+ days are subject to late fees.
- I understand that if I pay in cash or check, my payment must be one month in advance.

Section XIV

Company Agreement

In registering for your Company required classes, you agree to the above Honor Contracts with your digital signature.