



Uphold Advocacy

EMPOWERING YOUR VOICE

Annual Report

October 2025 – September 2026

Our work, our impact,
your voice

*Independent
Advocacy.
Real Change.*



OUR YEAR IN NUMBERS

150

Advocacy referrals
October 2025 – September 2026

27

Advocacy referrals
July – September 2026

OUR ORGANISATION

Independent advocacy. Meaningful participation.

Uphold Advocacy is the trading name of RMN, BIA and AMHP Services Ltd. We provide independent advocacy across England and Wales, supporting people to understand information, communicate their wishes and views, and take part in decisions affecting their lives.

150 advocacy referrals | October 2025 – September 2026

Our work during the year

Between 1 October 2025 and 30 September 2026, Uphold Advocacy received 150 advocacy referrals. This is a count of referrals rather than a count of distinct individuals.

Our work has included Independent Mental Capacity Advocacy, Paid Representative services, Care Act advocacy, Rule 1.2 representation, general advocacy, Parent Advocacy and Lay Advocacy.

Developing our services

A significant focus this year has been the development of our Parent Advocacy and Lay Advocacy services. We support people navigating family, care and legal processes to understand information, participate in meetings and communicate their own views.

We have also continued refining our referral forms and supporting processes, including how communication needs and reasonable adjustments are identified at the point of referral.

What professionals tell us

We have received positive feedback from social workers about our responsiveness and how quickly we respond to referrals. Timely communication matters, particularly when advocacy is needed ahead of meetings, assessments and decisions.

QUALITY AND ACCOUNTABILITY

Accessibility, quality and safeguarding

Our July–September 2026 equality monitoring review covered 27 advocacy referrals involving 27 distinct people. This quarterly figure forms part of the annual activity and must not be added to the annual referral total.

We continue to review referral information and monitoring arrangements to identify barriers to access and opportunities for improvement. Our safeguarding and training arrangements remain a central part of service development.

Supporting our advocates

Our Training Plan has been reviewed to cover employed and self-employed advocates and to distinguish the validity of safeguarding qualifications from annual safeguarding updates. Level 4 Designated Safeguarding Lead training is planned for the Designated Safeguarding Lead and Deputy; it is not being presented as completed.

Looking ahead: 2026–2027

Advocacy Quality Performance Mark	Progress the QPM assessment and strengthen the evidence supporting our practice.
Recruitment	Recruit additional staff to support sustainable service delivery.
Service development	Continue developing Parent Advocacy and Lay Advocacy.
Quality and accessibility	Keep safeguarding, staff training, referral processes and equality monitoring under review.

Transparency and publication

This report is intended for public publication on the Uphold Advocacy website. Our statutory company accounts are filed separately with Companies House.

Reporting period 1 October 2025 – 30 September 2026

Prepared October 2026