



PRAYING THE ROSARY

“To pray the Rosary is to hand over our burdens to the merciful hearts of Christ and His Mother“

1. Opening Prayers

Joannes Paulus II

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Apostles' Creed

I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. **Amen.**

Our Father

Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Three Hail Mary prayers for the gifts of Faith, Hope and Charity.
Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus

O my Jesus, **forgive us of our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.**

**2. Then for each of the 5
Mysteries, repeat this pattern.**

1. Announce the name of the mystery
2. Pray the **Our Father**
3. Pray the **Hail Mary** 10 times
4. Pray the **Glory be**
5. Finish the mystery with the 'Oh my Jesus' prayer, requested by Our Lady at Fatima



The Mysteries of the Rosary

Joyful Mysteries

Monday & Saturday

1. The Annunciation of the Lord to Mary.
2. The Visitation of Mary to Elizabeth
3. The Nativity of our Lord Jesus Christ.
4. The Presentation of our Lord.
5. Finding Jesus in the Temple at age 12.

Sorrowful Mysteries

Tuesday & Friday

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Lord's Crucifixion and Death.

Glorious Mysteries

Wednesday and Sunday

1. The Resurrection of Jesus
2. The Ascension of Jesus into Heaven
3. The Descent of the Holy Spirit at Pentecost
4. The Assumption of Mary into Heaven
5. The Coronation of Our Lady in Heaven

Luminous Mysteries

Thursday

1. Jesus' Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

“In the Rosary we turn to the Virgin Mary so that she may guide us to an ever closer union with her Son Jesus to bring us into conformity with him, to have his sentiments and to behave like him. Indeed, in the Rosary while we repeat the Hail Mary we meditate on the Mysteries, on the events of Christ's life, so as to know and love him ever better.”

Franciscus

3. Closing Prayers

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. **Amen.**

Collect

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. **Amen.**

May the Divine Assistance remain always with us,
And may the souls of the faithful departed through the mercy of God, rest in peace, Amen.



Additional Prayers that may be used at the end of the Rosary

Prayer to St Michael

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. **Amen.**

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother. To you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. **Amen.**

Most Sacred Heart of Jesus,
have mercy on us.

Immaculate Heart of Mary,
pray for us

St Joseph, **pray for us.**

May all the Angels and Saints,
pray for us .

THE LITANY OF LORETO

Can be said after the Rosary or as a standalone devotion.

Lord have mercy.

Christ have mercy.

Lord have mercy.

Christ hear us.

Christ graciously hear us.

God, the Father of heaven,

have mercy on us.

God the Son,

Redeemer of the world,

have mercy on us.

God the Holy Spirit,

have mercy on us.

Holy Trinity, one God,

have mercy on us.

Holy Mary, **pray for us.**

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of the Church,

Mother of Mercy,

Mother of divine grace,

Mother of Hope,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Saviour,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

Virgin most faithful,

Mirror of justice,

Seat of wisdom,

Cause of our joy,

Spiritual vessel,

Vessel of honour,

Singular vessel of devotion,

Mystical rose,

Tower of David,

Tower of ivory,

House of gold,

Ark of the covenant,

Gate of heaven,

Morning star,

Health of the sick,

Refuge of sinners,

Solace of Migrants,

Comfort of the afflicted,

Help of Christians,

Queen of Angels,

Queen of Patriarchs,

Queen of Prophets,

Queen of Apostles,

Queen of Martyrs,

Queen of Confessors,

Queen of Virgins,

Queen of all Saints,

Queen conceived

without original sin,

Queen assumed into heaven,

Queen of the most holy Rosary,

Queen of families,

Queen of peace.

Lamb of God, who takes away the
sins of the world, **spare us, O Lord.**

Lamb of God, who takes away the
sins of the world,

graciously hear us, O Lord.

Lamb of God, who takes away the
sins of the world, **have mercy on us.**

Pray for us, O holy Mother of God.

**That we may be made worthy of the
promises of Christ.**

Let us pray.

Grant, we beseech thee, O Lord

God, that we, your servants,

may enjoy perpetual health of mind

and body; and by the glorious

intercession of the Blessed Mary,

ever Virgin, may be delivered from

present sorrow, and obtain eternal

joy. Through Christ our Lord. **Amen.**

