

YOUTH DEVELOPMENT

Nurturing the potential of every child and teen



The Y plays a crucial role in youth development by providing a safe and supportive environment where young people can grow emotionally, socially, and physically. It helps them "come full circle" by offering a wide range of programs that promote personal growth, build skills, and foster positive relationships.



5,174 Life-saving swim lessons and safety around water programs were provided.

5,239 Children were nurtured and supported through summer camp and holiday camps



4,702 Children were provided educational and emotional support in Before and Afterschool Care programs

2,289 Children were given the opportunity to learn new skills and have fun through YMCA sports



639 Teens had the opportunity to learn and experience government policies and teen leadership skills through Youth and Government and Model United Nations



HEALTHY LIVING

Improving the nation's health and well-being



The Y provides health and wellness programs across all stages of life, from youth to adulthood. By offering programs and services tailored to different age groups, the Y helps individuals develop healthy habits and maintain their well-being at every stage of life.



3,765 Seniors served through physical, mental and social programs at the Y.

5,239 Adults were guided to better health through fit path and personal training



420 Families participated in YMCA Healthy Kids Day

1,443 Members improved their spirit, mind and body through Resolution Bingo and App Wellness Challenges



1,896 Adults and children enjoyed pickleball and tennis programs while making friends and staying active



SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors



The Y plays a significant role in supporting communities through its commitment to social responsibility. The Y's approach is rooted in its mission to strengthen communities by promoting the well-being of all individuals, regardless of their background or circumstances.



577 children received **1,925** Christmas gifts through the YMCA Angel Tree

140 Halloween costumes were provided to children in need in our community through the YMCA Costume For Kids Drive



211 Easter donations were provided to support children who are in foster care

8,307 Scholarships were provided to those in need of YMCA programs and services but are unable to afford them



ANNUAL SUPPORT CAMPAIGN

\$380,435

was provided in scholarships for YMCA programs and services thanks to the generous grant funders and donors who support our cause.

52% of the Children in Summer and Holiday Camps received scholarships



77% of all swim participants recieved free swimming lessons



61% of before and after school students received scholarships

