## FIELD NOTES FOR DECEMBER

a month of prompts for what rests beneath the frost

a writing ritual by thistle & thread press

- 1. cedar split silence | blizzard inside me | longing in a locked locket
- 2. What version of yourself emerges in the dark months?
- 3. sleet-stung sanctuary | soot-slick story | shadows stringing cranberries
- 4. What have you kept frozen just to say it didn't spoil?
- 5. cinnamon casket | cup cracked clean | evergreen ache
- 6. What memory bites back hardest during winter?
- 7. radiator breath | oven glow gospel | kindness curled in corners
- 8. What belief have you outgrown but still keep for comfort?
- 9. rust-robed rabbit | riddled ribbon | rituals rendered ruined
  - 10. What have you lost count of?
- 11. waxwing hush | the attic's last breath | unsent snowfall
  - 12. When did your hope last hibernate?
- 13. nailbed nectar | noel noise | darkness prevails
- 14. What kindness do you withhold from yourself?
- 15. bells behind the wall | garland gallows | last drop of wine
- 16. What part of you has gone dormant—and will it return?
- 17. velvet frost | wolf hour lullaby | giftwrap graveyard
- 18. snow-buried clock | the mirror turned inward |

- ghost of the last good day
- 19. What truth have you whispered to no one this year?
- 20. splintered sugar cube | coal blossom | hymn for the hollow inside
- 21. salted caramel kisses | mesmerizing melancholy | icicle lance
  - 22. When were you most afraid to be alone?
- 23. naked to the frost | cut my soul's thread | the kiss that never came
- 24. brittle laughter | pine perfume | no names on the mailbox
- 25. How long have you been pretending you're okay?
- 26. woolly silence | stocking stuffed with thorns | tradition happened anyways
- 27. nature's suicide | gloves without fingerprints | maple syrup lullabies
  - 28. What silence have you mistaken for peace?
- 29. candy cane heartbreak | last christmas | candle confession
- 30. peppermint ache | lantern lost | ice blooming in the chest
  - 31. What will you do differently in the new year?

## Field Notes - Final Entry

write to the version of you who began this calendar

	4
<del></del>	

